



# STRENGTHENING EMERGENCY RESPONSE CAPABILITIES OF THE DIFFERENTLY-ABLED IN KERALA

## PROJECT REPORT

2018 & 2019

BY,  
INTER UNIVERSITY CENTER  
FOR DISABILITY STUDIES

TO,  
KERALA STATE DISASTER  
MANAGEMENT AUTHORITY



Mahatma Gandhi University



INTER UNIVERSITY CENTRE FOR DISABILITY STUDIES







Project Report on

**STRENGTHENING EMERGENCY  
RESPONSE CAPABILITIES  
OF THE DIFFERENTLY ABLED  
IN KERALA**

2020

**Title:** Strengthening emergency response capabilities of the differently abled in Kerala

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**Key words:** Disaster, Inclusive Disaster Risk Reduction, Hearing Impaired , Visually Challenged, Emergency Response, Differently Abled, Mentally Challenged, Loco motor Impairment

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Vice-Chancellor



November 8, 2019.

### MESSAGE

It is with a sense of delight that I convey this message to the academic community as we submit a project report entitled "Strengthening Emergency Response Capabilities of the Differently abled". It is indeed timely to remember the commitment, hard work and the commendable successes of the team at Inter University Centre for Disability Studies. I am looking forward to see much more successful endeavors in near future. The University takes great pride in having established strong and devoted workforce with cutting-edge technology.

We have built an enviable presence as a vibrant University since inception. Our University earned the distinction of being the fastest growing educational institution to attain the prestigious Chancellor's Award for the second time. We have been graded 'A' with CGPA 3.24 in the latest reaccreditation process of NAAC and secured 30<sup>th</sup> Rank in the NIRF ranking 2018. In achieving these entire accolades our University has been assessed to have excelled in all key areas particularly in making our campus disabled friendly. The Inter University Centre for Disability Studies have been actively engaged in various projects aimed at strengthening the differently abled people. The commitment shown by the faculty and students in completing the current project is commendable.

It is appreciable fact that the report has been prepared incorporating the minutest details of the training programme.

I convey my greetings and good wishes on this happy occasion and also wish you all the best for the future too

**Prof. (Dr.) Sabu Thomas**

## GOVERNMENT OF KERALA



### KERALA STATE DISASTER MANAGEMENT AUTHORITY



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Date: 13<sup>th</sup> November 2020

#### Leave No One Behind

Kerala is exposed to multiple disasters, natural or anthropogenic. In the recent years, the State has witnessed disasters like floods, landslides, fire cracker accidents, Nipah and Covid 19. This implies that the communities should be better prepared to face any untoward incident by way of capacitating their skills.

Disasters affect everyone, but vulnerable people the most. Persons with disabilities are particularly vulnerable to disasters and it is with this rationale that Kerala State Disaster Management Authority launched this unique programme in 2016 to enhance and strengthen the capacities of Persons with Disabilities to be more resilient to disasters. Series of consultations & trainings were conducted by KSDMA prior to embarking on to the implementation of the district level training. Disability friendly training materials were developed for the trainees so that they comprehend the lessons being taught to them. This was prepared with the support from National Institute of Speech & Hearing and Kerala Federation of the Blind. The district level training was facilitated by Inter University Centre for Disability Studies (IUCDS) of MG University, Kottayam.

As we successfully complete the first phase of training, covering all the districts, we are delighted to see that around 3000 people were benefitted out of this project.

I take this opportunity to appreciate the efforts made by District Disaster Management Authorities, Social Justice Department, Kerala Social Security Mission, National Institute of Speech & Hearing (NISH), Kerala Federation of the Blind towards successful implementation of the training.

I would also like to congratulate Inter University Centre for Disability Studies (IUCDS), especially Prof. (Dr) Sabu Thomas, Hon'ble Vice Chancellor, MG University & Dr P T Baburaj, Honorary Director, IUCDS for meticulously conducting the training for the persons with disabilities.

Dr Sekhar L. Kuriakose  
Member Secretary, KSDMA



# Mahatma Gandhi University

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Hon. Director

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### Forward

This project “ Strengthening Emergency Response Capabilities of The Differently Abled people in Kerala “ would not have been possible without the support of Kerala State Disaster Management Authority (KSDMA),Thiruvananthapuram as well as Inter University Centre for Disability Studies (IUCDS),Mahatma Gandhi University .I acknowledge support and funding we have received for this project work from KSDMA .Particularly I would like to extend my warm acknowledge to Dr. Shekhar L. Kuriakose, Member Secretary& Head (Scientist),SEOC – KSDMA and his state programme co-ordinator Mr.Joe John George and team for their support to pursue this project which is directed to the empowerment of differently abled persons with regard to disaster risk reduction management in Kerala of people with disabilities .The trained personals of IUCDS extend their utmost services to make success this great venture perhaps first in this type of programme in India . Also I like to appreciate team IUCDS, all my research participants, ,organisations ,district collector’s , deputy collector’s 14 districts ,revenue officers ,social Justice departments of 14 Districts ,Anganavadi teachers ,concerned other local government officers and persons with disabilities for their kind cooperation and relentless support. Besides as a team of committed trained personals, we would also recognize the trend of service dissemination and its significance through this project.

Regards,

Dr.P.T Baburaj  
Hon. Director

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- Dr. Shekhar L Kuriakose, Member Secretary, Head (Scientist) State Emergency Operations Centre (SEOC)
- Prof. Dr. Aravind Kumar, Hon’ble Pro Vice – Chancellor, Mahatma Gandhi University, Kottayam

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- Dr. D.Sajith Babu, IAS, Hon’ble District Collector, Kasargod
- Shri. Mir Mohammed Ali, IAS, Hon’ble District Collector, Kannur
- Shri. D. Balamurali IAS, Hon’ble District Collector, Palakkad
- Shri. U.V Jose, IAS, Hon’ble District Collector, Kozhikode
- Shri. Ajaykumar A.R, IAS, Hon’ble District Collector, Wayanad
- Shri .Amit Meena, IAS, Hon’ble District Collector, Malappuram
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- Mr.Jacob,,Zilla mentally retarded parents teachers association ,kasaragod,
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- Sri. A. Alexander, Sub-collector, Kollam
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## **ABBREVIATIONS AND ACRONYMS**

DRM	Disaster Risk Management
DRR	Disaster Risk Reduction
HI	Hearing Impaired
IC	Intellectually Challenged
IUCDS	Inter University Centre for Disability Studies
KSDMA	Kerala State Disaster Management Authority
OH	Orthopedically Handicapped
TOT	Training of Trainers
VI	Visually Impaired

## EXECUTIVE SUMMARY

This report details the capacity building programme conducted for persons with disabilities in Kerala. The project was funded by the Kerala State Disaster Management Authority (KSDMA) as part of their project on “Strengthening emergency response capabilities of the differently abled.”

Disaster risk reduction is the systematic development and application of policies, strategies and practices to minimize vulnerabilities and disaster risks throughout a society, to avoid (prevention) or to limit (mitigation and preparedness) adverse impact of hazards, within the broader context of sustainable development. Natural disasters cannot be prevented, but the disaster risk can be alleviated by enhancing capacities and reducing vulnerabilities.



*Flood affected area*



*Rescue during flood*



*Flood*



Persons with Disabilities are more vulnerable to disasters than others. The Socio-economic and physical vulnerabilities make them very susceptible to disasters. Surprisingly, the issue of training persons with disabilities in disaster risk reduction has not been properly addressed in development planning.

Right to Persons with Disabilities Act 2016 emphasizes the need to have disability inclusive disaster risk reduction activities for the persons with disabilities. There are 7,93,937 persons with disabilities in the State according to the disability census 2015. To equip persons with disabilities in disaster risk reduction, Inter University centre for Disability Studies is associating with Kerala State Disaster Management Authority in a project titled 'Strengthening of Emergency Response Capabilities with Emphasis on Differently Abled People' in the year 2016. The objective of the project is to equip the persons with disabilities to respond to various disasters or emergencies.

## **COMPREHENSIVE REPORT**

### **INTRODUCTION**

Disability is a part of the human condition. More than one billion people in the world live with some form of disability, of whom nearly 200 million experience considerable difficulties in functioning (WHO World Report on Disability, 2011). In India, people with disabilities comprise between 4 and 8 percent of the Indian population (around 40-90 million individuals). In the years ahead, disability will be an even greater concern because its prevalence is on the rise. The number of people with disabilities is increasing due to population growth, ageing, emergence of chronic diseases and medical advances that preserve and prolong life, creating overwhelming demands for health and rehabilitation services (Srivastava and Khan, 2008). Despite the increase in prevalence of disability worldwide, due to various reasons, not much attention has been paid to its evaluation, management and prevention (WHO, 2002). Across the world, people with disabilities have poorer health outcomes, lower education achievements, less economic participation and higher rates of poverty than people without disabilities. This is partly because people with disabilities experience barriers in accessing services, including health, education, employment, and transport as well as information. These difficulties are exacerbated in less advantaged communities in Kerala. The lack of effective financing for support or its distribution within the country is a major obstacle to sustainable services.

Empowering the persons with disability has been the most neglected subject in the social development sector. Not many organizations have taken up the holistic approach of providing services to the persons with disabilities in which all types of services right from early intervention through education; vocational training and livelihood programs to independent living are designed in the programs. The state wide training programme on strengthening emergency response capabilities of the differently abled in Kerala can stand as a unique programme to elaborate the activities to support persons with disabilities and fetch them to the mainstream of the society.

## **Disability in Kerala**

Department of Social justice and empowerment, Govt. of Kerala conducted a state wide disability census in 2015. Kerala has been the first state which initiated a complete census of persons with disabilities across the state. The census included 22 types of disabilities and the report has broadly classified them, in the order of prevalence, as movement disability, muscular dystrophy, chronic neurological disorder, multiple- sclerosis, hunched back, dwarfism, blindness, seriously impeded vision, learning disability, speech disability, mental retardation, mental illness, autism, deafness, leprosy free persons, haemophilia, thalassemia, sickle cell anaemia, cerebral palsy, epilepsy, deaf & blind and multiple-disabilities. As per the census there were 7, 93,937 persons with disabilities in Kerala which constitutes 2.3 per cent of the total population of the state.

The report shows that an estimate of 9.87 lakh households in Kerala is affected by some form of disability, which constitutes 11.01 per cent of the total number of dwellings in the state.

## **Disaster risk of Kerala**

- 8th most densely populated in the country
- 14.5% of the State is flood prone
- 14.4% of the State is landslide prone
- 55.5% of the coastline prone to coastal hazards
- The State falls in Zone 3 in the national seismic zonation map
- About 70 people die of lightning every year
- 65 out of 10,000 vehicles prone to accidents in the state (national average is 42.3/10,000) About 45% of LPG used in the state is transported via roads
- Variability of weather patterns due to global warming is evident in the state

(Kuriakose, 2016)

## **RATIONALE**

Disasters have a huge impact on human infrastructure, lives and livelihoods. They can result from natural causes (earthquakes, floods, cyclones, etc.) or from human influenced factors (like climate change and conflicts) which can lead to food insecurity and displacement of large populations. While it remains crucial to



understand and reduce the human effect in creating disasters, natural causes will continue. The key in diminishing their impact is to reduce people's vulnerability. Through inclusive Disaster Risk Reduction (DRR) programmes, incorporated in human development plans and poverty reduction programmes, risks can be reduced and communities' resilience to disasters can be strengthened. Persons with disabilities are often overlooked throughout the disaster management cycle and especially during relief operations, and are seldom considered as important actors in conflict prevention even though they are often more exposed during conflicts and displacement. Those with physical impairments can be at risk when evacuating, if assistance is not available. Individuals with cognitive impairments may struggle with understanding instructions that must be followed in the event a disaster occurs. Those who are visually or hearing impaired may have difficulty communicating during the emergency. All of these factors can increase the degree of variation of risk in disaster situations among people with disabilities. United Nations Convention on the Rights of Persons with Disability (CRPD) defines 'Persons with disabilities as those who have long-term physical, mental, intellectual or sensory impairments which in interaction with various barriers may hinder their full and effective participation in society on an equal basis with others' The UNCRPD, in its articles 11 and 32, requires that persons with disabilities benefit from and participate in disaster relief, emergency response and disaster risk reduction strategies.

In the last two decades, Kerala has experienced an increase in the frequency and intensity of disasters whose economic impact has proved to be devastating. The lessons learned from the lengthening trail of disasters, have led to a gradual realization that while hazards may be natural, disasters are largely 'man-made'. They largely result from the failures of development policies and practices that distort the trajectories of sustainable development, affecting the poorest sections the most.

The persons with disabilities deserve proper care, protection, training, employment and rehabilitation. The socio-economic and physical vulnerabilities make them very susceptible to disasters. Surprisingly, the issue of training persons with disabilities in DRR has not been properly addressed. As a sign of support and belief in the concept of disaster risk reduction, state wide training programme to

promote good practices of Disability inclusive Disaster Risk Reduction that will show concrete practical examples of how persons with disabilities can be active participants in various DRR interventions. The centre is planning to disseminate sustainable resilience mechanisms to disaster risk reduction strategies to make it aware of the added value that trained and knowledgeable persons with disabilities bring.

## **AIM**

Contribute to the national policy for inclusion and complete participation of the differently abled by including them in the disaster management programme)

## **OBJECTIVES**

- Empanel a cadre of experts as resource persons in the field of disability inclusive disaster risk management.
- Create awareness among the teachers, parents/caregivers about disability inclusive disaster risk management across the state.
- Empower the persons with disabilities to prepare for disasters/emergencies.
- Strengthen the emergency response capabilities of persons with disabilities across the state. To develop sustainable plans to strengthen the capacities of the differently abled in DRR

## **KEY TRAINING STRATEGIES ADOPTED**

### **Course contents**

*The major contents of the training course are given below: --*

- Basics on Disaster Management and Disaster Risk Reduction
- Understanding Disability Vulnerabilities of persons with disabilities in Pre, During and Post Disaster Periods
- Measures to Reduce Risks of persons with disabilities. Basic first aid& survival skills

### **Method**

The method for conducting the programme was as follows:

- Brainstorming Sessions
- Lecture
- Participatory
- Discussion
- Experience Sharing
- Feedback
- Simulation Games / Ice- breakers / Energizers
- Self-Analysis
- Case Study

### **Training materials and equipment used**

The different training aids like white board, Marker, Poster, paper and Permanent markers, Laptop, Multimedia projector, Maps and Posters will be used for the training programme. In addition to this, posters, brochures and pamphlets in Braille is needed for persons with visual impairments. Assistive communication devices will be needed for persons with various other disabilities.

The support of the sign language interpreter may require on need basis.

Training materials are made in Braille, Sign Language Videos, Posters, DAISY format audio brochures etc. By SDMA.

### **THE PARTICIPANTS**

The participants of the programme were selected persons with various disabilities and their caregivers across the state. A total of 2667 persons with various disabilities attended the training programmes across the state. Break up of participants is given as Appendix. Since, Persons with disabilities are particularly affected by changes in terrain resulting from disaster because of inadequate physical accessibility, mobility aids or appropriate assistance, the training was focused on to build disaster management capabilities among the PWDs. The training was aimed at equipping them to get aware about the risks around them. The trainings helped them to prepare for hazards and the likely emergency situations.

### **MATERIALS AND ACCESSIBILITY CONSIDERATIONS**

IUCDS had taken farthest care to ensure the accessibility for all to attend the programme. The venues arranged were accessible for all in the 14 districts. All the

efforts were made to help the persons with disabilities to attend the training programme comfortably. Facilities like wheel chairs, ramps, hand rails etc. were made available before the conduct of each programme. Further a minimum TA was also given to the participants who attended the programme.

The participants of the training were divided into four categories according to their communication skills viz. Visually Impaired, Speech & Hearing, Physical, and Intellectual) for intellectual disability, the care givers were trained.

The trainers used different methods to address the four types of disabilities.

The proposed training programme “strengthening emergency response capacities of the differently abled” was a series of training programmes and activities to ensure its access to a cross section of persons with disabilities and their caregivers in the 14 districts of Kerala. The Programme was proposed to accomplish its aim within 6 months. But IUCDS took more than 14 months to complete the training programme due to the Nippa epidemic and the huge flooding in 2018.

**Table 1: Training methods and materials used for persons with various disabilities**

Disability Group	Method & Materials
Visually Impaired,	<p>Lecture Method – Words/Lessons spoken by the facilitator.</p> <p>Audio messages – Facilitator may use audio messages, like audio brochures produced by KSDMA on various hazards.</p> <p>Braille material – Most of the visually impaired people could read messages on braille format. Discussion Method was also used for this group</p>
Speech & Hearing impaired	<p>For this group, the facilitator used Visual presentations like PPT, Photographs, Video formats etc. Also, the facilitator used texts for those who could read. Help of an interpreter were also made available to speak to the group and to receive feedback to the facilitator. Demonstration method was used so that the trainees can see and learn. (Eg: CPR)</p> <p>Role playing method – This method is effective while conducting mock drills and demonstration exercises.</p>
Physically disabled	<p>This group relatively followed most of the methods &amp; materials.</p> <p>Lecture Method</p> <p>Demonstration method</p> <p>Role Playing</p> <p>Guided Group Discussion</p> <p>Power Point Presentations</p> <p>Video/Audio Materials</p>
<p>➤ Persons with intellectual disabilities</p>	<p>This group, unlike other groups, may not follow most of the methods. This depends on the severity of the impairment. Hence, The caregivers of the intellectually challenged were trained. All the above methods were used for training the care givers.</p>

The final schedule for the training is given in the appendix

There were three stages for the programme. The first stage was the empanelling of experts in the field of disabilities and disaster management as resource persons. Three TOT training were conducted and empanelled around 140 persons as expert resource persons. Also, some of the NGOs, disability organizations and other agencies were identified to associate with IUCDS for the conduct of the training programme. The programme was organized with the support of district disaster management authority and the social justice department in each district.

The second stage was conduct training programme for the persons with disabilities and their care givers in the 14 districts of Kerala. The third stage was monitoring evaluation and reporting.

### **KEY LEARNING ACTIVITIES AND OUTCOME**

Participants of the training were persons with various disabilities. In terms of disasters and inclusive disaster risk reduction, most of the participants had very less awareness. Learning about inclusive DRR were new to them.

It was found that at the beginning of the training the participants were not interacting with each other. However, through group discussion and group work, they learned to work together and interact. This was useful to help both resource persons and participants to understand each other better.

The resource persons used various training strategies to help the participants to understand the concept better. The sessions were made accessible to all. Training participants mentioned that the sessions were informative and helpful to prepare well for disasters.

### **PARTICIPANT'S REFLECTIONS**

“We didn't ever attend such a training programme before. We are very happy that we could understand many things regarding disaster preparedness”

-Mr. Suresh, Kottayam

“The training was extremely good. These trainings should be provided through panhayaths and schools

-Sujeendran K, Thiruvananthapuram

“I have high opinion about the class. This type of classes will positively impact our lives”

-Mr. Sujeesh K, Kasargod

“We recommend conducting similar classes or other persons with disabilities here. Also, these trainings should be given at Panchayath Level

-Ms. Thushara K, Kannoor

“ The training programme was very informative. We wish more training programmes to be organised in this area

-Ms. Lizamma John, Ernakulam

### **Case Study –I**

The volunteers of Thanal palliative and Paraplegic care centre, Ernakulam attended the TOT training programme conducted by IUCDS before the massive flood which devastated Kerala in August 2018. The volunteers were actively participated in the rescue operations and they informed us that with the help of the training they received, they could rescue all the persons with disabilities in ernakulam district.

### **SUSTAINABILITY**

The success of any programme depends upon the sustainability of the same. The centre will take efforts to arrange refresher courses/ follow up trainings after six months or as per requirements. A centre/ NGO will be identified in each districts to coordinate the follow up programmes.

### **MONITORING, EVALUATION AND REPORTING**

The centre systematically observed and monitored the progress and quality of the training programme on frequent intervals with the support of the NGO's associated with the centre for the training programme. The centre deputed a faculty to coordinate and evaluate the whole progress and quality of each programme.

Further, IUCDS will use several sources to evaluate the effectiveness of the training programme. This include competency assessment and sustainability evaluation after a six months of completing the whole process using direct contact over phone or social media, with the help of the supporting agencies in the concerned area, surveys and focus groups of program participants, and a mock accreditation visit if needed.

## **PROGRAMME EVALUATION**

### **ACHIEVEMENTS**

Inter University Centre for disability studies (IUCDS) of Mahatma Gandhi University is the pioneering educational institution that carried out a tailor made training programme exclusively for persons with disabilities across the state of Kerala. As a sign of support and belief in the concept of disaster risk reduction, a training programme for the differently abled persons in Kerala to promote good practices of Disability inclusive Disaster Risk Reduction that will show concrete practical examples of how the persons with disabilities can be active participants in various DRR interventions. The centre trained around 3000 persons with different disabilities on sustainable resilience mechanisms to disaster risk reduction strategies to make it aware of the added value that trained and knowledgeable persons with disabilities bring. IUCDS was associating with Kerala State Disaster Management Authority (KSDMA) in their project “Strengthening Emergency response capabilities of the Differently Abled in Kerala”

The project was recognized as a model project by National Disaster Management Authority (NDMA) and included in national framework for disaster risk reduction. Besides Dr. Eddie Noppu, UN Secretary General's SDG advocate visited the Kerala Pavilion of KSDMA in the world reconstruction conference held at Geneva this year in may 2019 and overwhelmed by the disability inclusive DRR Programme. Also, in Post Disaster Need Assessment (PDNA) Report, United Nations mentioned about IUCDS in the context of this project.

- New national framework on DRR is inclusive and the participants from other organizations who were involved in the project's capacity building workshops were engaged in the process of advocacy and lobbying for the inclusion of disability across the state. The project directly contributed to success in recognition of disability inclusive DRR.
- Capacity building process has succeeded in raising awareness on disability inclusive DRR for both DRR and disability actors. The project brought together persons with disabilities and disaster experts to the community level and government officials to learn new knowledge and skills and contributed to changing attitudes. Growing demand for information on the 'how-to' of



inclusive DRR at the moment was noted.

- Some members of the TOT trained resource persons actively involved in the project have engaged in DRR activities as trainers or resource persons not only for people with disabilities, but also for the broader community.
- The capacity building process has succeeded in building working linkages between NGOs and related government stakeholders for DRR.

## **WORKED STRATEGIES**

The following strategies were worked very well during the whole process

- Accessibility provided for training participants such as Braille materials, sign language interpreter, accessible venue, etc. really supported enabling participants to be more engaged in the training process. In order to provide sufficient and proper accessibility, we just need to simply ask participants well beforehand what they need to support them in the training and make sure we can provide that.
- Continuous engagement and discussion with both NGOs and government regarding what information they need and how this project and others going forward can continue to learn from and accommodate the information and training that government and NGOs need.
- Regular project team reflection and evaluation helped to improve the quality and delivery of capacity building trainings.

## **DIFFICULTIES EXPERIENCED**

- Need better strategy to accommodate participants with hearing difficulty in an inclusive class. Most of the time, it depends on the quality of Sign language interpreter (SLI). Evaluation from the project team about the sign language interpreter had been conducted and significant improvement made.
- Involvement of government in the training process was considered not optimal. Government had a great role in introducing basic DRR to participants, but afterwards their involvement became restricted largely to giving opening speeches. Consider better strategy for involvement of government in ongoing capacity building in the future, to encourage more active involvement at all stages of the training and capacity building process.
- Consider making training duration for longer to allow more practice and

better understanding, and with more opportunities for hands-on trainings and participation.

- Too many participants in some of the districts: This sometimes made it difficult for the project staff to accommodate all the participants' needs and ensure that all participants had the same level of understanding. Consider to limit number of participants in each class in the future.

## **RECOMMENDATIONS**

Discussing Disaster Risk Reduction (DRR) in the absence of people with disabilities is equal to disregarding their existence as community members vulnerable to disaster risk. This means that participation of people with disabilities is essential, if not mandatory in disaster risk reduction activities. Through this participation, we will be able to discover detailed nuances pivotal to identification of the need and the capacity of people with disabilities in disaster risk reduction in a certain region. The detail is once again very important compared to general information. Hence, the engagement of people with disabilities in disaster risk reduction activities is crucial

Following are the main recommendations by the team who conducted the training programme throughout the state.

- In the capacity building component and particularly the workshops, consider quality vs quantity. Too many participants will not be efficient in the process of capacity building
- Having more TOT workshops with participants had standout performances, can be conducted to disseminate trainings to all the persons with disabilities.
- Better initial assessment on the knowledge of participants for each particular topic in so that the workshops are better targeted to their learning needs and also more prior discussion with the participants about what strategies are needed to support the delivery of each programme in their area.
- Regular follow up after each training programme is not enough when done only via remote support from the implementing agency. Consider having a local staff member posted in each region to follow up with engagement. Better strategy for engagement with government. Prepare well and provide a clear and active role for government in the delivery of quality training. This is

important so that it further encourages interaction and engagement between government and persons with disabilities. The training programme should make a part of the curriculum of the courses related to disability and disaster management.

- Special trainings on inclusive DRR should be given to the rehabilitation professionals, students and caregivers of persons with disabilities to ensure their complete participation in the DM activities.
- The training should be given to all the persons with disabilities using working strategies
- The government departments related to disaster management and disabilities should immediately make arrangements to follow up the programme conducted by the team and I hope that the survey team will also receive information on the actions taken by the government.
- Ensure the latest technologies to be used in inclusive DRR trainings
- The programme should be oriented to the practical difficulties experienced by the persons with disabilities during disasters and trainings must be oriented in such a way that no one is left behind.
- The training can be extended to the school curriculum too.

## **PROGRAMME COMMITTEE**

A committee including the Hon. Director of IUCDS, faculty coordinator and the officials from DDMA and SDMA were formed to take decisions on the programme implementation, sustainability assessment and other important activities. Meetings of the programme committee were convened by the Hon. Director of IUCDS.

1. Principle investigator : Dr. P T Baburaj, Hon. Director, IUCDS
2. State Programme Officer : Mr. Joe John George, KSDMA
3. State Programme Coordinator : Dr. Hena N N, Lecturer/ Research Associate
4. Key Resource Persons : Dr. Anila Kumari M.C  
: Dr. Nisha T S  
: Mrs. Shimmy Rose

## TRAINING OF TRAINERS (TOT) IN INCLUSIVE DRR

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**Training and development of Master Trainers** in Inclusive DRR was an instrument to meet the twin challenges of continuous improvement of the skills to train persons with various disabilities and demands of change. There is an ever-emerging challenge of capacity-building of such trainers. Thus, it is necessary to recognize the crucial role of the Master Trainer from being a provider to enabler, facilitator and change-agent where learner who is a person with disability is in the focus.

IUCDS and KSDMA jointly organized three State Level Training of Trainers (ToT) programme. 140 professionals from different sectors were selected and trained as resource persons to conduct training in Inclusive DRR for persons with disabilities.

### **Objectives**

Training of Trainers programme was designed to provide opportunities to Master Trainers for the development of skills to facilitate create and manage a differently abled learner in the inclusive DRR training programme. The programme was aimed to provide Training to Master Trainers to achieve advanced facilitation skills towards the end to end training of persons with disabilities.

The training program aims to achieve following learning outcomes:

- Develop and enhance training, facilitation and learning practices for persons with disabilities in inclusive DRR
- Prepare to facilitate learning sessions and help reflect and improve practice through appropriate evaluation
- Facilitate learning sessions using appropriate training methods, learning enabling techniques and use of ICT and assistive devices for persons with disabilities.

Through these training programs, a cadre of Certified Master Trainers (domain & training delivery skills) shall be developed to cater to the skilling ecosystem of Inclusive disaster risk reduction.

**ToT : 1**

## **TRAINING PROGRAMME ON DISABILITY INCLUSIVE DISASTER RISK MANAGEMENT**

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The first training programme in Inclusive DRR was organised for school/college teachers and other personnel working in the field of disability rehabilitation. The training programme started on 17<sup>th</sup> May, 2017 at 10 am. Ms. C.A. Latha IAS, District Collector, Kottayam inaugurated the programme.



Dr. P.T. Baburaj, Hon. Director, IUCDS, presided over the function. Ms. Hena N.N, Lecturer, IUCDS welcomed the gathering and Mr. Joe John George, state Project Officer, KSDMA, delivered the vote of thanks. Mr. T. P. Venugopal, Editorial Senior Researcher, Malayala Manorama facilitated the function.



*Ms. C.A. Latha IAS, District Collector, Kottayam inaugurates the programme.*

The sessions started by 11.00 a.m. The first session was on the introduction of the project on inclusive disaster management by Mr. Joe John George, State Project officer, KSDMA.



*Mr. Joe John George, State project officer, KSDMA, facilitates a session on inclusive disaster management.*

He introduced the project on Disability Inclusive Disaster Risk Management by the Govt. of Kerala and its importance in including persons with disabilities into the Disaster risk management plan. Dr. Sekhar L. Kuriakose, member secretary, KSDMA facilitated the second session on “Introduction to Disaster Risk Management in Kerala & Vulnerability of Kerala to various hazards”. He delivered overall information about various disasters and the vulnerability of the state to various disasters. He also suggested the participants to prepare action plans to include into the Disaster Management project for PWD’s.



*Dr. Sekhar L. Kuriakose, member secretary, Kerala State Disaster Management Authority takes session on Introduction to Disaster Risk Management in Kerala & Vulnerability of Kerala to various hazards.*

Mr. Siji. M Thankachan, Section officer, KSDMA, facilitated the last session on legal provisions in DM and institutional mechanism in the state. In the session, he described the DM Law in detail.



*Participants of sensitization training programme on inclusive disability risk reduction management*

After the sessions a question answer session was also there, where the participants raised various questions about inclusive DRR. The programme on the first day finished by 5 p.m.

The sessions on the second day started by 9.30 a.m. The first session was on an introduction to disabilities facilitated by Dr. P.T. Baburaj, Hon. Director, IUCDS. He described the prevalence of various disabilities in the nation and the need for including PWD's into DM plan. The second session was on Needs and Challenges of persons with disabilities facilitated by Prof. Chandra Sekharan.



*Prof. Chandra Sekharan, takes class on Needs and Challenges of persons with disabilities*

Prof. Chandra Sekharan described about the needs and challenges faced by persons with various disabilities. He explained about the transition of attitude of the society to the needs of persons with disabilities from his own experiences. He also explained about various laws came into existence in India for persons with disabilities.

First Aid and Survival Skills on Disaster Management was facilitated by Dr. Vineeth Rajagopal, Assistant Prof. Dept. of family medicine, Govt. Medical College, Calicut. He demonstrated various first aid methods to be given in emergency situations.



*Dr. Vineeth Rajagopal, Assistant Prof. Dept. of family medicine, Govt. Medical College, Calicut, takes class on First Aid and Survival Skills on Disaster Management.*



Dr. Vineeth Rajagopal explained about various preventive measures to be adopted during disasters and the importance of learning emergency care skills.

The afternoon session was conducted by Ms. Sajini. T, Technical Officer, KSDMA, on **Technological solutions for Training persons with disabilities**. She explained about various assistive technology devices for persons with disabilities.

The last session was an interactive session where the participants were asked to prepare an action plan to implement disaster management projects in their representing institutions. The participants were divided in to five groups and they discussed about the projects that can be implemented in their institutions. Mr. Joe John George, State Project officer, KSDMA, facilitated the session.

The programme comes to an end by 4.30 pm. During the valedictory function, Dr. P.T. Baburaj, Hon. Director; IUCDS distributed the certificates to the participants.

**TOT : 2**

**ORIENTATION PROGRAMME ON ‘STRENGTHENING OF EMERGENCY  
RESPONSE CAPABILITIES OF THE DIFFERENTLY ABLED IN  
KERALA’**

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As per the direction from Kerala State Disaster Management Authority (KSDMA), Thiruvananthapuram, IUCDS organised one day orientation programme on 6<sup>th</sup> November 2017 with regard to the project launching ‘Strengthening of emergency response capabilities of the differently abled in Kerala’.

Dr. P.T Baburaj, Hon. Director, IUCDS, M.G. University, Dr. Shekar L. Kuriakose, Member Secretary, KSDMA, Sri. Anupam Mishra, IAS, Assistant Collector, Thiruvananthapuram, Mr. Joe John George, State project officer, SEOC have attended the meeting and provided appropriate direction of the meeting. Meeting also decided to disseminate the state wide training programme to promote good practices of disability inclusive disaster risk reduction from December 2017 onwards for the person with disabilities.

IUCDS will be the organiser of this programme all over Kerala. The TOT trained personals will be deals the classes in all the districts. The KSDMA will extend their support to conduct the programme successfully. The meeting come to an end at 2.00 pm.



*Shri. Anupam Mishra, IAS, Assistant Collector, Thiruvananthapuram delivering the inaugural address*



*Dr. Sekhar L. Kuriakose, member secretary, Kerala State Disaster Management Authority takes session in the one day orientation programme*



*Mr. Joe John George, State Project officer, Kerala State Disaster Management Authority takes session in the one day orientation programme*

50 participants were attended from various districts and IUCDS submitted their valuable ideas and opinion. The meeting decided to conduct TOT programme on 16<sup>th</sup>, 17<sup>th</sup>, & 18<sup>th</sup> November 2017 at Amos centre, Kottayam.

TOT :3

## STRENGTHENING OF EMERGENCY RESPONSE CAPABILITIES OF THE DIFFERENTLY ABLED IN KERALA'

Inter University Centre for Disability Studies (IUCDS), Mahatma Gandhi University and Kerala State Disaster Management Authority (KSDMA), Thiruvananthapuram jointly conducted three days TOT training programme on strengthening of emergency response capabilities with emphasis on differently abled people for officers deputed from department of social justice, education department and NGO's sector.



The training programme started on 16<sup>th</sup> November, 2017 at 10 am. **Dr. Prof. Sabu Thomas**, Pro. Vice-Chancellor, Mahatma Gandhi University inaugurated the programme.



*Prof. Dr. Sabu Thomas, Pro. Vice-Chancellor, Mahatma Gandhi University  
inaugurates the three days TOT programme*



*Dr. P.T Baburaj, Hon. Director , IUCDS, Mahatma Gandhi University delivered the Presidential Address.*



*Participants in the TOT programme*

The following topics were discussed in details during the session such as, introduction, objectives and training strategy of the project ‘strengthening of emergency response capabilities with emphasis on differently abled people’.

Overview of disaster risk management in Kerala, Emergency preparedness and planning for persons with disabilities were discussed.

Introduction to disability, overview of disability in Kerala, Institutional and legal framework on disability etc were the strategies.

In addition the session discussed the needs and challenges of PWD's – The hand book on disability inclusive DRR prepared by KSDMA distributed among the participants. A mock session on DRR and first aid were also conducted the same day.



**Dr. Jayakumar, Consultant, Neonatologist, Medical College, Kottayam provides hand on training in Survival skills**



*Director Amos centre distributing the certificate on the valedictory function.*

The three days TOT programme concluded successfully with the valedictory function at Amos centre, Kottayam.




Participants of the ToT Programme conducted at Amos Centre, Kottayam

**Training of Trainers (TOT) Programme  
ON**

**‘STRENGTHENING EMERGENCY RESPONSE CAPABILITIES  
OF THE DIFFERENTLY ABLED PEOPLE IN KERALA’**

**From 16<sup>th</sup> - 18<sup>th</sup> NOVEMBER 2017**

Jointly Organized by




**INTER UNIVERSITY CENTRE FOR DISABILITY STUDIES (IUCDS),  
Mahatma Gandhi University, Kottayam**

**&**

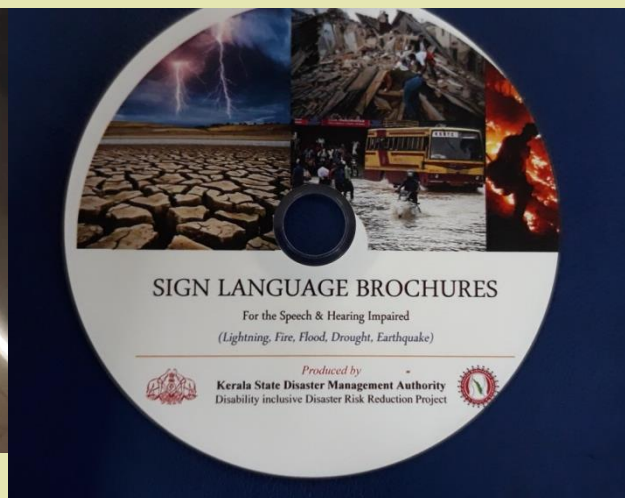
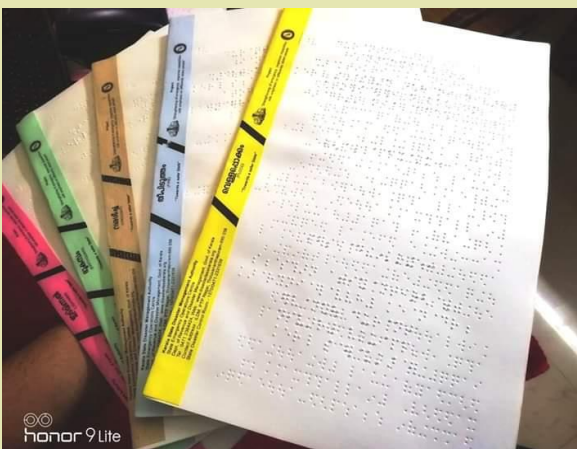
**KERALA STATE DISASTER MANAGEMENT AUTHORITY (KSDMA)**

Venue: Amos Centre, Kottayam, Kerala



*Inauguration:*  
**Prof.(Dr.) Sabu Thomas**  
Hon’ble Pro-Vice Chancellor, M.G.University

*Banner Prepared for the ToT Programme*



KSDMA has prepared training materials Sign language videos in Braille for the visually challenged. Posters, brochures, IEC materials etc were also prepared to better train the differently abled and a handbook on the subject.



## DISTRICT WISE DETAILED TRAINING REPORTS

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The district wise training is planned for four days for four different types of disabilities viz. visually impaired, Speech- hearing impaired, physically impaired & intellectually impaired (care givers). 40 persons with disabilities will be invited for each session. District level training was launched at Kottayam on 19th March 2018.

IUCDS completed the training programmes in 14 districts and trained 2667 Persons with disabilities in Inclusive DRR.

### KOTTAYAM

Date	: 19 March 2018 to 22 March 2018
Venue	: Cooperative Bank Employees Hall, Thirunakkara, Kottayam

Inter University Centre for Disability Studies and Kerala State Disaster Management Authority in association with Revenue Department Kottayam, Social Justice Department Kottayam organized a 4 day training programme on Disaster Risk Reduction for differently abled persons. The programme started on 19<sup>th</sup> march 2018 and ended on 22<sup>nd</sup> March 2018. The programme was inaugurated by **Dr.B.S Thirumeni IAS**, District Collector, Kottayam on 18<sup>th</sup> 2018. In the presidential address Dr. Baburaj described the aims and objectives of the programme and how it will benefit to the community. Felicitations were given by Dr. P.K. Padmakumar, Member syndicate Mahatma Gandhi University, Kottayam. Mr. Joe John George, State project officer, KSDMA , Mr.K.K Suresh ,DAWF, Kottayam, Ms. Akhila, extended the Vote of thanks.

The classes on 19<sup>th</sup> was for persons with hearing impairment and the training programme started with welcome address by Dr. Hena N.N, Research associate / Lecturer, IUCDS (Project coordinator) . The presidential address was given by Dr. P T Baburaj (Hon. Director IUCDS).



***Mr. Joe John George, State project officer, KSDMA, Dr.P.T Baburaj, Hon. Director, IUCDS, Dr.B.S Thirumeni IAS, District Collector , Kottayam, Dr. Padmakumar, Syndicate member, M.G. University, Dr. Hena N.N , Research Associate/Lecturer ,IUCDS***



***Dr.B.S Thirumeni IAS, District Collector ,Kottayam, Inaugurating the rogramme***



***Welcome Speech by Dr. Hena N.N, Research associate / Lecturer, IUCDS  
The programme was translated by Ms.Anakha ,Sign Language expert .***



*Inaugural Address by Dr. B. S. Thirumeni, IAS, District Collector, Kottayam*



*Release of the Sign Language CD prepared by KSDMA for the Hearing impaired*



*Presidential Address by Dr. P.T. Baburaj, Hon. Director, IUCDS*



*Felicitation by Dr. P. K. Padmakumar, Member syndicate Mahatma Gandhi University, Kottayam,*



*Dr.Padmakumar, Syndicate member honouring Dr.P.T Baburaj during the inaugural session at Kottayam*



*Lighting the candle by Mr. Joe John George, State project officer, KSDMA*

## ***Day 1 (18 March 2018)***

The first day's programme was meant for persons with hearing impairment.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr. P T Baburaj, Hon. Director, IUCDS on Introduction to Disaster Management. He explained about Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response.

The second session started at 12 pm and ended at 1.30 pm. Dr. P T Baburaj, Hon. Director, IUCDS attend the class on Understanding disability, familiarizing various terminologies, explanation on disability inclusive DRR, understanding vulnerability related disability & measures to address the same.



Ms. Anakha, Sign language expert translating the programme for hearing impaired persons. More than 29 Persons with hearing impairment were attended the class.

After the lunch, session three started at 2.15 pm and ended at 4.15 pm. Dr. Jayakumar, Consultant, Neonatologist, Govt. Medical College Kottayam conducted a practical session on First Aid for Heart attack, cardiac arrest, stroke, choking, drowning, burns, eye injuries, snake bite, fracture/dislocation etc.



During the feedback session the visually challenged persons expressed their opinion regarding a practical demonstration shall give more direct experiences on all the activities planned in the schedule.



### **Day 2 (19 March 2018)**

The second day's programme were planned for care givers of mentally challenged persons





and the programme was inaugurated by Mr. Somashekharan Nair, Parivar, Kottayam. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.

The first session was handled by Dr. Anila Kumari M.C, assistant Professor, BCTE, Kayamkulam on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response . Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mr.Feby Leo Mathew ,Managing Trustee ,Mother Charitable Trust, Kottayam took the class on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness and Response . 44 parents of mentally challenged were attended the session.After the lunch next session started at 2.15 pm and ended at 4.15 pm. Dr. jayakumar, Consultant, Neonatologist, Govt.Medical College Kottayam handled a practical session on First Aid and survival skill. In the feedback session participants appreciated the programme.

### **Day 3 (20 March 2018)**

The third day's training programme was meant for persons with visual impairment and the session was inaugurated by Prof. Chandrasekharan and felicitation by Mr. Saji General Secretary KFB, Kottayam. At the time of registration participants were given a kit with training materials which include information leaflets regarding

disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Prof.Chandrasekharan on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response.

The second session started at 12 pm and ended at 1.30 pm. Prof. Chandrasekharan took the class on Understanding disability, familiarising various terminologies, explanation on disability inclusive DRR, understanding vulnerability related disability & measures to address the same. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.

After the lunch, session three started at 2.15 pm and ended at 4.15 pm. Dr.Jayakumar, Consultant, Neonatologist, Govt. Medical College Kottayam handled a practical session on First Aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and it is very useful.

#### **Day 4 (21 March 2018)**

The fourth day's programme was meant for orthopedically handicapped persons and the programme was inaugurated by Sri. K. Rajan, District Magistrate and deputy collector, Kottayam, and felicitation by Ms. Shahina, Superintendent, Collectorate, Kottayam. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was handled by Dr. Hena N.N., Research associate /Lecturer, IUCDS on Understanding disability, familiarizing various terminologies, explanation on disability inclusive DRR, understanding vulnerability related disability & measures to address the same. The second session started at 12.00 pm and ended at 1.30 pm. Dr. Anilakumari M.C took the class on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response .34 participants were attended the session.

After the lunch session three started at 2.15 pm and ended at 4.15 pm. Dr. Jayakumar, Consultant, Neonatologist, Govt. Medical College Kottayam handled a practical session on First Aid and survival skill. In the feedback session participants appreciated the programme and the classes very much.



Dr.P.T Baburaj Hon.Director, IUCDS distributed certificate of participation for the participants. All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.



Scenes from the venue of the training programme at Kottayam

## TRISSUR

Date : 10 April 2018 to 13 April 2018

Venue : V. K. N. Menon Hall, Trissur

The training programme at Trissur district started on 10<sup>th</sup> April 2018 and ended on 13<sup>th</sup> April 2018. The classes on 10<sup>th</sup> was for persons with hearing impairment and the training programme started with welcome address by Dr. Hena N.N, Research associate / Lecturer ,IUCDS (Project coordinator) and the programme was inaugurated by Dr.Renu Raj, IAS, Sub-Collector, Trissur.



**Dr. Renu Raj, IAS, Sub-Collector, Trissur, inaugurates the training programme**

The presidential address was given by Dr. P T Baburaj , Hon. Director IUCDS. Felicitations were given by Mr. Babu Xavier, Deputy Collector (DM), Trissure, Mr. Joe John George, State Project Officer, Kerala State Disaster Management Authority, Ms. Anjaly, Hazard analyst SEOC, proposed the Vote of thanks.

### **Day 1 (10 April 2018)**

The first day's programme was meant for persons with hearing impairment. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.

First session was taken by Ms. Anjaly, hazard Analyst State Emergency Operation

Centre (SEOC) on Introduction to Disaster Management.

The second session started at 12 pm and ended at 1.30 pm. Dr. P T Baburaj, Hon. Director, IUCDS on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response.



*A session by Dr. P. T. Baburaj ,Hon. Director, IUCDS, Mahatma Gandhi University at DRR training at Trissur District*

More than 43 Persons with hearing impairment attended the class. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Rajagopal, DMO(Rtd.) Thrissur conducted a practical session on First Aid for Heart attack, cardiac arrest, stroke, choking, drowning, burns, eye injuries, snake bite, fracture/dislocation .



**Dr. Rajagopal** leading the first aid session class at Trissur district



During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

## **Day 2 (11 March 2018)**

The second day's programme was meant for persons with visual impairment. At the time of registration participants were given a kit with training materials which include Braille brochures, writing pad, pen, bag and information leaflets regarding disasters.

The first session was handled by Dr. Anila Kumari M.C, assistant Professor, BCTE, Kayamkulam on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response . Participants gained knowledge about disasters and management.

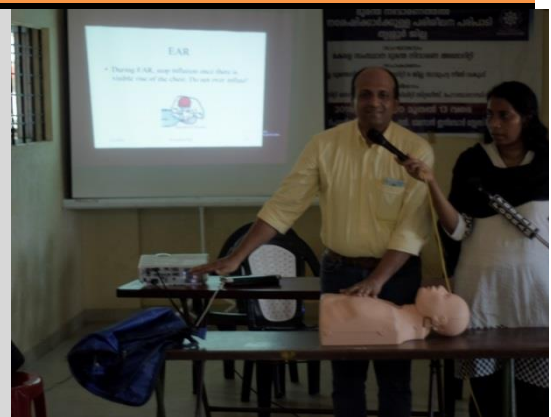
The second session started at 12 pm and ended at 1.30 pm. Dr. Hena N.N , Research associate /Lecturer, IUCDS on Understanding disability, familiarizing various terminologies, explanation on disability inclusive DRR, understanding vulnerability related disability & measures to address the same. 57 participants were attended the session.



A session by **Dr. Hena N.N**, Lecturer, IUCDS, M.G. University, Kottayam

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. After the lunch session three started at 2.15 pm and ended at 4.15 pm. Dr. Rajagopal,

DMO(Rtd.) Thrissur conducted a practical session on First Aid for Heart attack, cardiac arrest, stroke, choking, drowning, burns, eye injuries, snake bite, fracture/dislocation.



*First AID training sessions*

In the feedback session participants appreciated the programme and the classes very much.

### **Day 3 (12 April 2018)**

The third day's training programme was meant for Orthopedically handicapped persons. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr. Nisha T.S Resource person, IUCDS on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response. The second session started at 12 pm and ended at 1.30 pm. Dr. P.T Baburaj, Hon. Director, IUCDS took the class on Understanding disability, familiarising various terminologies, explanation on disability inclusive DRR, understanding vulnerability related disability & measures to address the same. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 30 Participants were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Ashish, Associate Professor, Department of Anesthesia, Govt. Medical College, Trissure handled a practical session on First Aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.

### **Day 4 (13 April 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was handled by Ms. Shimmy Rosy, Resource person, IUCDS on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mr. Feby Leo Mathew, Managing Trustee, Mother Charitable Trust, Kottayam took the class on

Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response . 30 parents of mentally challenged were attended the session.



*A view from the audience*



After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.Rajagopal, DMO(Rtd.),Trissur handled a practical session on First Aid and survival skill.. In the feedback session participants appreciated the programme and the classes very much.

Dr. P.T Baburaj, Hon.Director, IUCDS distributed certificate of participation for the participants.

All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.



## IDUKKI

Date : 18 April 2018 to 21 April 2018

Venue : Pappootty Hall, Thodupuzha

The training programme at Idukki District started on 18<sup>th</sup> April 2018 and ended on 21<sup>st</sup> April 2018. The classes on 18<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr.Hena N.N, Lecturer, IUCDS and inaugurated by Ms.Sophy Jacob, District Social Justice Officer, Idukki. In the presidential address Dr. Baburaj described the aims and objectives of the programme and how it will benefit to the community. Felicitations were given by Dr. K. Jayakumar, Mr. Baby Joseph, A.C Baiju, Ms. Athulya.



Presidential address by **Dr. P.T Baburaj**, Hon. Director, IUCDS

**Day 1 (18 April 2018)**

The first day's programme was for Persons with visual impairment.

At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr P T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Idukki district on disasters, mitigation, and preparedness.



The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 20 visually challenged persons were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm.

Dr, Jayakumar ,Consultant ,Neonatologist ,Govt.Medical College Kottayam conducted a practical session on First Aid and survival skill. During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

### **Day 2 (19 April 2020)**

The second day programme was for persons with hearing impairment. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag The first session was led by Dr. Nisha T S (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. The whole session was translated by Mrs. Sreekala (sign language expert).

The second session started at 12 pm and ended at 1.30 pm. Dr. Anilakumari M.C took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR.



*A session by Dr. Anilakumari M.C*

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 34 hearing impaired person attended the session.

After the lunch session three started at 2.15 pm and ended at 4.15 pm

Dr.Jayakumar, Consultant, Neonatologist, Govt. Medical College Kottayam conducted a practical session on First Aid and survival skill. In the feedback session participants appreciated the programme and the classes very much.

### **Day 3 (19 April 2020)**

The third day's programme was meant for persons with mobility impairment.



*A differently abled person move his wheel chair to the training hall*

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.



*A view of the participants*

The first session was led by Dr. Hena N.N , Research associate /Lecturer,

IUCDS on Understanding disability, familiarizing various terminologies, explanation on disability inclusive DRR, understanding vulnerability related disability & measures to address the same. Dr. Anilakumari M.C took the class on Disability Inclusive Disaster Risk Reduction.

The second session started at 12 pm and ended at 1.30 pm. She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. More than 50 mobility impaired person attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.jayakumar ,Consultant ,Neonatologist ,Govt.Medical College Kottayam conducted a practical session on First Aid and survival skill .He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much. 35 participants were attended the programme.

#### **Day 4 (20 April 2020)**

The fourth day's programme was meant for care givers of mentally challenged persons At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was handled by Ms.Shimmy Rosy on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mr.Feby Leo Mathew, Managing Trustee, Mother Charitable Trust, Kottayam took the class on Types of Disasters, Vulnerability of the State, Respective District, Institutional mechanism, Understanding Vulnerability, Hazards & Risk, Understanding mitigation, Preparedness, Response. 22 parents were attended the programme .

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Jayakumar ,Consultant ,Neonatologist ,Govt. Medical College Kottayam conducted a practical session on First Aid and survival skill .He conducted a practical session on CPR. He conducted a practical session on CPR.



20 parents had attended the programme. All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## KAZARGOD

Date : 25 September 2018 to 28 September 2018

Venue : Municipal Town Hall, Kanhangad

Inter University Centre for Disability Studies and Kerala State Disaster Management Authority in association with Revenue Department Kasaragode, Social Justice Department Kasaragode organised a 4 day training programme on Disaster Risk Reduction for differently abled persons. The programme started on Tuesday 25<sup>th</sup> September 2018 and ended on Friday 29<sup>th</sup> September 2018. The classes on 25<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr. Anilakumari M.C



*Mrs Biji L, CDPO Kanhangad, delivers the Inaugural address in the Training programme*

Programme inaugurated by Mrs Biji L ( CDPO Kanhangad ), the presidential address was given by Dr. P T Baburaj ( Hon. Director IUCDS ).



*Presidential Address by Dr.P.T Baburaj, Hon. Director, IUCDS*

In the presidential address Dr. Baburaj described the aims and objectives of the programme and how it will benefit to the community. Felicitations were given by Mr. Abraham Paul (Retd. HSS Teacher and social activist, Govt.HSS Bella, Kanhangad), Mr. Surendran (environmentalist), Mr. Raghunath (Social Justice Department), Mrs Jyothi (ICDS supervisor). Dr. Sreeja (Hazard analyst KSDMA) extended the Vote of thanks.

### **Day 1 (25 September 2018)**

At the time of registration a kit with training materials distributed to the participants which include writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr P T Baburaj an Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kasaragode district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 48 visually challenged person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Syriac Antony ( District hospital, Kasaragode) conducted a class on First aid and survival skill. During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

### **Day 2 (26 September 2018)**

The second day programme was for persons with hearing impairment and the session was inaugurated by Dr K P Suresh (HOD, Department of Education, Central University of Kerala, Kasaragode). He motivated the audience through a practical demonstration involving 2 hearing impaired kids. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters on Braille language. The first session was led by Dr. Nisha T S (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and



given practical suggestions in disaster preparedness. The whole session was translated by Mrs. Sreekala (sign language expert).

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 35 hearing impaired persons were attended the session.

The afternoon session started at 2.15 pm and ended at 4.15 pm. Dr. Syriac Antony (District hospital, Kasaragode) conducted a class on First aid and survival skill. During the session District Collector Dr. D Sajith Babu I.A.S came in and he interacted with the participants and motivated them. As the chairman of the District Disaster Management Authority (DDMA) the Collector expressed satisfaction regarding the class and conduct of the programme.

In the feedback session participants appreciated the whole programme and participated in the discussion session actively.

### **Day 3 (26 September 2018)**

The participants of the third day were persons with mobility impairment and the session was inaugurated by Sri. Radhakrishnan (Principal Bella East HS, Kasaragode) and felicitation delivered by Mr. Venugopal (Secretary, DWAFF Kasaragode). At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr. Nisha T S (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr. Anilakumari (Joint Project Officer) has been delivered the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical

application on disability inclusive disaster risk reduction. 58 mobility impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Syriac Antony (District hospital, Kasaragode) conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and expressed their concern in this regard.

#### **Day 4 (27September 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons and the programme was inaugurated by Sri. Sibi Thomas (Circle Inspector, IOP, Coastal Police Station, Kasaragode).



*Shri. Sibi Thomas, Circle Inspector, IOP, Coastal Police Station, Kasaragode inaugurates the fourth days training programme at Kazargod.*

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was handled by Dr. P T Baburaj (Hon. Director, IUCDS) on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr. Anilakumari M.C took the class on Disability Inclusive Disaster Risk Reduction.



*A session by Dr. Anilakumari M.C*

She explained disability, various terminologies on disability inclusive DRR.



After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 65 parents of the mentally challenged were attended the programme.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Syriac Antony ( District hospital, Kasaragode) conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.

Valedictory function inaugurated by Station Master, Fire and Rescue Kanhangad, and distributed certificate of participation for the participants. All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## KANNUR

Date : 10 October 2018 to 13 October 2018

Venue : District Sports Council Hall, Collectorate, Kannur

The training programme at Kannur District started on 10<sup>th</sup> October 2018 and ended on 13<sup>th</sup> October 2018.

The classes on 10<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr.Anilakumari M.C. Programme inaugurated by Mr.Arjun Pandian, IAS, Assistant Dist. Collector, Kannur, the presidential address was given by Dr. P T Baburaj (Hon. Director IUCDS ).In the presidential address Dr. Baburaj described the aims and objectives of the programme and how it will benefit to the community. Felicitations were given by Mr. Sajeevan, Thahasildhar, Revenue department, Kannur, Mr. Rajeevan, DSJO, Kannur, Mr. Arjun, KSDMA) extended the Vote of thanks.



*Newspaper report on Kannur District Programme*

## **Day 1 (10 October 2018)**

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr P T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 52 visually challenged person were attended the session.

The afternoon session started at 2.15 pm and finished at 4.15 pm. Dr. Anandh, DMO, District Hospital, Kannur conducted class on First aid and survival skill for the participants.



During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

## **Day 2 (11 October 2018)**

The second day programme was for persons with hearing impairment and the session was inaugurated by Mr. O. Vijayan, President, DAWF, State handicap corporation executive member.



*Inaugural address by **Mr. O. Vijayan**, President, DAWF, Kannur*

Felicitation by Mr. Jayakumar, Secretary, DAWF, Kannur. Mr. Rajeev. Officer, Social justice department and Mr. Arun, KSDMA.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters on Braille language. The first and second sessions were led by Dr. Anilakumari M.C. Resource person IUCDS on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness and She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. The whole session was translated by Mrs. Sreekala (sign language expert). 53 hearing impaired person were attended the session.

After the lunch session three started at 2.15 pm and ended at 4.15 pm. Dr. Santhosh, JMO ,District hospital ,Kannur conducted a class on First aid and survival skill.



*View of the audience*

In the feedback session participants appreciated the programme and the classes very much.

### **Day 3 (12 October 2018)**

The participants of the third day were persons with mobility impairment and the session was inaugurated by B.S Sureshkumar, Deputy Commander of Kannur district.



*Welcome speech by Mrs. Shimmy Rose*



*Inaugural Address by B.S Sureshkumar, Deputy Commander of Kannur district*

Felicitations by Mr.jayakumar ,Secretary DAWF ,Kannur, Mr.Rajeev, Officer Social Justice Department, Mr.Bhaskaran , President, DAWF, Kannur and Vote of Thanks by Mr. Arjun, KSDMA. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr. Nisha T S (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mrs.Shimmy Rose, Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 47 mobility impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm Dr. Anandh, DMO, District hospital Kannur conducted a class on First aid and survival skill. He conducted a practical session on CPR.

A Mock drill session conducted by Dr.P.T Baburaj,Hon.Director ,IUCDS. In the feedback session participants appreciated the programme and the classes very much.

#### **Day 4 (13 October 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons .Welcome speech by Dr. Nisha T. S. The programme was inaugurated by Shri. Ramachadran Kadannappally, Minister for Ports, Museums, Archaeology and Archives.



Welcome Address by Dr. Nisha T S





***Hon'ble Minister Shri. Ramachadran Kadannappally inaugurating the session at Kannur district***



***Hon'ble Minister addressing the audience at Kannur District***



***Presidential address by Dr.P.T Baburaj, Hon. Director, IUCDS***

Felicitations by Dr. Anand, PHSC Chirakkal, Kannur and Mr. Rajeev, Officer, Social Justice Department ,Kannur.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding

disasters. The first session was handled by Dr. P T Baburaj (Hon. Director, IUCDS) on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr. Nisha T.S took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 40 parents of the mentally challenged were attended the programme.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Anandh, DMO, District hospital Kannur conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.



*Shri. Ramachadran Kadannappally's interaction with the participants*





All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## **PALAKKAD**

Date	: 23 October 2018 to 26 October 2018
Venue	: Hotel Gazala, Near Head Post Office

The training programme at Palakkad District started on 23<sup>rd</sup> October 2018 and ended on 26<sup>th</sup> October 2018. The classes on 10<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr.Anilakumari M.C. Programme inaugurated by Mr. Vijayan,Hon. Additional District Magistrate, the presidential address was given by Dr. P T Baburaj , Hon. Director IUCDS.



Presidential Address by Dr. P T Baburaj, Hon. Director, IUCDS

Felicitations were given by Mrs Meera P, District Social Justice Officer, Mr.Santhosh Babu, Sr. Superintendent ,Social Justice Office, Mr.Krishnakumar , Jr.Superintendent ,Social Justice Office , Mr.Ronu Mathew, KSDMA extended the Vote of thanks.

## **Day 1 (23 October 2018)**

The first day programme was for persons with visually impaired. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr P T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 46 visually challenged person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Gopalakrishnan, District Hospital, Palakkad conducted a class on First aid and survival skill.

During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.



*The view of the audience at Palakkad programme*

## **Day 2 (23 October 2018)**

The second day programme was for persons with hearing impairment and the session was inaugurated Mrs.Meera .P District Social Justice Officer. Felicitation by Mr. Ronu Mathew,KSDMA .



*Sign language interpreter) translating the speech to sign language for persons with  
Hearing Impairment*

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag. The first and second sessions were led by Dr. Anilakumari M.C ,resource person IUCDS on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness and She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. The whole session was translated by Mrs. Sreekala (sign language expert). 55 hearing impaired person were attended the session.

After the lunch session three started at 2.15 pm and ended at 4.15 pm. Dr. Gopalakrishnan ,Surgeon District Hospital ,Palakkad conducted a class on First aid and survival skill. In the feedback session participants appreciated the programme and the classes were very effective.

**Day 3 (24 October 2018)**

The participants of the third day were persons with Locomotor and Orthopedically impairment.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr. Nisha T S (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mrs.Shimmy Rose , Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 30 mobility impaired person were attended the session.



*The caretakers /parents of the intellectually challenged at Palakkad*

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Gopalakrishnan, Surgeon District Hospital ,Palakkad conducted a class on First aid and survival skill. He conducted a practical session on CPR.

In the feedback session participants appreciated the programme and the classes were effective.

**Day 4 (25 October 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons .

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was handled by Dr. Nisha T.S on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rose took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR. After the session

participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 44 parents of the mentally challenged were attended the programme.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Gopalakrishnan, Surgeon District Hospital, Palakkad conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.

All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.



## KOZHIKODE

Date : 29 October 2018 to 02 November 2018

Venue : **Govt. Children's Home For Girls ,Vellimadukunnu**

The training programme at Kozhikode District started 29<sup>th</sup> October 2018 and ended on 1<sup>st</sup> November 2018. The classes on 29<sup>h</sup> was for visually challenged persons and the training programme started with welcome address by Dr. Anilakumari M.C. Programme inaugurated by Mr.Parameswaran P, Senior Superintendent ,Social justice department,



*Inaugural Address by **Mr. Parameswaran P**, Senior Superintendent ,Social justice department*

The presidential address was given by Dr. P T Baburaj , Hon. Director IUCDS. Felicitations were given by Mr.Sunil Kumar,Junior Superintendent ,Social Justice department, P.A Abdulkarim master, Asabah Society for blind ,Kerala ,Mr.Moideen Koya,Kerala federation of the Blind .

### **Day 1 (29 October 2018)**

The first day programme was for persons with visually impaired. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr.Anilakumari M.C on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Dr. Anilakumari M.C took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



*The view of the audience (Visually Challenged at Kozhikode)*

45 visually challenged person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Ajil Muhammed, District Hospital, Kozhikode conducted a class on First aid and survival skill.



First Aid –Trainings by the participants

During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

## **Day 2 (30 October 2018)**

The second day programme was for persons with hearing impairment. Programme Inaugurated by Dr. Roshan Bigily, Director, CRC, Kozhikode .



### *Inaugural Address by **Dr. Roshan Bigily**, Director CRC, Kozhikode*

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag. First session was taken by Dr P T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



*A Session by Mrs. Shimmy Rose (Resource person)*

The whole session was translated by Mrs. Sreekala (sign language expert).  
46 hearing impaired person were attended the session.



*Dr.Nisha T.S, Resource person, delivering her speech at the training session,  
Kozhikode.*

After the lunch the next session started at 2.15 pm and finished at 4.15 pm.  
Dr. Ajil Muhammed, District Hospital, and Kozhikode conducted a class on First  
aid and survival skill.

In the feedback session participants appreciated the programme and the  
classes very much.

### **Day 3 (31 October 2018)**

The participants of the third day were persons with Locomotor and Orthopedically impairment. The programme was inaugurated by Sri. Biju Lal, Counsellor, Vellimadukunnu, Kozhikode. Felicitations by Sri. Sunilkumar, Jr. Superintendent, Social Justice department, Sri. Sainudeen Madayoor, President, Kerala State Handicapped association, Sri. Mehaboobe, home for Physically Handicapped.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr. Anila Kumari M.C, (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management. The second session started at 12 pm and ended at 1.30 pm. Mrs. Anilakumari M.C, Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 43 mobility impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Dr. Ajil Muhammed, District Hospital, Kozhikode conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.

### **Day 4 (01 November 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.

The name of the dignitaries who were attended the Inaugural function were Mr. Parameswaran P, Senior Superintendent Social justice department, Sri. Premachandran, HS, Collectorate, Kozhokode, Dr. Ajil, Director, Angel Group,

Sri.Prekashan P, Superintendent, Home for mentally retarded Children,  
Sri. Sunilkumar, Junior superintendent, Social justice Department



The first session was handled by Dr. P.T Baburaj on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr.Nisha T.S took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 49 parents of the mentally challenged were attended the programme.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Dr. Ajil Muhammed, District Hospital, Kozhikode conducted a class on First aid and survival skill.

He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.

All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## WAYANAD

Date : 12 November 2018 to 15 November 2018

Venue : Alakkal Residency, Kalpetta

The training programme at Wayanad District started 12<sup>th</sup> November 2018 and ended on 15<sup>th</sup> November 2018. The classes on 12<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr. Nisha T.S. Programme inaugurated by Shri. Ajaykumar, IAS, District Collector, Wayanad.



*Inaugural Address by Shri. Ajaykumar, IAS, District Collector ,Wayanad .*

the presidential address was given by Dr. P T Baburaj , Hon. Director IUCDS.

Felicitations were given by Shri. Pavithran Thaikkandi, District Social Justice Officer, Shri.Krishnan, Kerala federation for the Blind, Mrs. Asha, Representative, KSDMA.



*Felicitation by Mrs. Asha Kiran, Hazard Analyst, KSDMA*

## **Day 1 (12 November 2018)**

The first day programme was for persons with visually impaired. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr.P.T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Ms. Shimmy Rose took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



58 visually challenged person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Favas ,VIMS Hospital ,Wayanad conducted a class on First aid and survival skill.

During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.



## **Day 2 (13 November 2018)**

The second day programme was for persons with hearing impairment. Programme Inaugurated by Shri K.V Mohanan, DAWF secretary, wayanad. Felicitations by Shri.Nuhmal P, Teacher Dhanam Speech and hearing school, Mrs. Asha Representative, KSDMA.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag. First session was taken by Dr. Nisha T.S on Introduction to Disaster Management. She explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.



*A session by Dr.Nisha T.S, resource person*

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy (resource person IUCDS) took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



First Aid On hand training



***The first aid training session translated by Mrs.Sreeja, Sign language expert***

The whole session was translated by Mrs. Sreeja (sign language expert). 45 hearing impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Favas ,VIMS Hospital Wayanad conducted a class on First aid and survival skill.



### Day 3 (14 November 2018)

The participants of the third day were persons with Locomotor and Orthopedically impairment. The programme was inaugurated by Shri.Rajan, State advisory Board on Disability member .



Felicitations by Shri. **Issac K.U**, **Shri. Pavithran Thaikkandy**, Social Justice Officer, **Mr. Ahamed**, Representative, KSDMA.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr.Nisha T.S, resource person IUCDS on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rose, Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 29 mobility impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Shafeeque, VIMS Hospital, Wayanad, conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very

**Day 4 (15 November 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.

Programme was inaugurated by Shri.T.L Sabu, Municipal Chairman, Sulthanbethery and felicitations by Shri. Sukumaran.M, Vice president, Parivar, Shri.Rasheed Venniyode, Vice president ,DAWF, Smt. Daisy Daison, Vice Principal, Vinayaka College of Nursing, Shri .Pavithran, Dist. Social justice officer, Smt. Asha, Representative, KSDMA.



The first session was handled by Dr. P.T Baburaj on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr.Nisha T.S took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 85 parents of the mentally challenged were attended the programme.



*A view of the audience at Kalpetta training centre*

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Shafeeque, VIMS Hospital, Wayanad, conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.



*Dr.P. T Baburaj and Dr. Rony Thomas at the valedictory session*

All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## MALAPPURAM

Date : 21 November 2018 to 24 November 2018

Venue : **Conference Hall, Collectorate**

The training programme at Malappuram District started 21<sup>st</sup> November 2018 and ended on 24<sup>th</sup> November 2018. The classes on 21<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr. Anilakumari M.C. Programme inaugurated by Shri. Amit Meena, IAS, District Collector, Malappuram



*Welcome speech by Dr. Anilakumari M.C*



Inaugural Address by Shri. Amit Meena, IAS, District Collector, Malappuram



***The presidential address was given by Dr. P T Baburaj, Hon. Director IUCDS.***

Felicitations were given by Shri. Abdhul Rasheed, Deputy Collector, Malappuram, Adv. Mini, Subjudge, Malappuram, Shri. C Ayyappan, District Information officer and Ms. Amrutha, Representative, KSDMA.



## Day 1 (21 November 2018)

The first day programme was for persons with visually impaired. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters.

First session was taken by Dr.P.T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.



The second session started at 12 pm and ended at 1.30 pm. Dr.Anilakumari M.C took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 79 visually challenged person were attended the session.





After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Rony Thomas, MES Medical College, Perinthalmanna, Malappuram conducted a class on First aid and survival skill.



*Dr. Rony Thomas at the first aid training class for the visually challenged at the Malappuram*



During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.



*The newspaper reports from Malappuram District*

**Day 2 (22 November 2018)**

The second day programme was for persons with hearing impairment. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag. First session was taken by Dr.Anilakumari .M.C on Introduction to Disaster Management. She explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters,

mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Dr. Nisha T.S resource person IUCDS took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.

The whole session was translated by Mrs. Sreeja (sign language expert). 56 hearing impaired person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Rony Thomas, MES Medical College, Perinthalmanna, Malappuram conducted a class on First aid and survival skill.



*Dr. Rony Thomas demonstrate the first aid training session with the support of mannequin*

In the feedback session participants appreciated the programme and the classes very much.

### **Day 3 (23 November 2018)**

The participants of the third day were persons with Locomotor and Orthopedically impairment. The programme was inaugurated by Shri.Ramachandran V,ADM,Malappuram

Felicitations by Shri.Abdul Nazar,JS ,Revenue Department, Shri.Krishnamoorthy, SS, Social Justice Department, Shri. Vasudevan, DWAF ,District secretary, Ms. Amrutha ,Representative ,KSDMA.

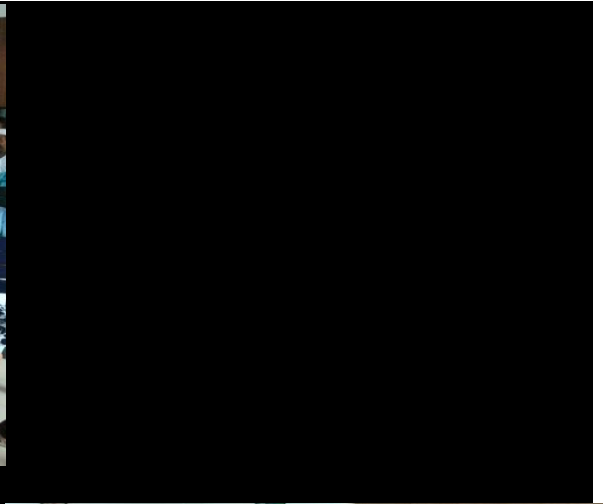
At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr.Nisha T.S, resource person IUCDS on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rose, Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction.



***Mrs. Shimmy Rose delivering a speech on inclusive DRR***

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



*A view of the audience (Locomotor impairment) at Malappuram, CPR session*

46 mobility impaired person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Rony Thomas, MES Medical College, Perinthalmanna, Malappuram conducted a class on First aid and survival skill. He conducted a practical session on CPR.



*Certificate distribution session*



In the feedback session participants appreciated the programme and the classes very much.

#### **Day 4 (24 November 2018)**

The fourth day's programme was meant for care givers of mentally challenged persons. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.

Programme was inaugurated by Shri. Regunathan P.P, President parivar and Deputy Thahasildar, Malappuram, and felicitations by Shri. Jafer, District Coordinator, Parivar, Shri. Rasheed Ponnani, Treasurer, Parivar, Shri. Noufal, District coordinator, Kerala Social Security Mission, Mrs. Thasneem, Social Justice Department, Ms. Amrutha, Representative, KSDMA.



#### ***4<sup>th</sup> day inaugural session for the caregiver's of the mentally challenged persons***

The first session was handled by Dr. P.T Baburaj on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr. Shimmy Rose took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 55 parents of the mentally challenged were attended the programme. After the lunch the next session started at 2.15 pm

and finished at 4.15 pm. Dr. Rony Thomas, MES Medical College, Perinthalmanna,

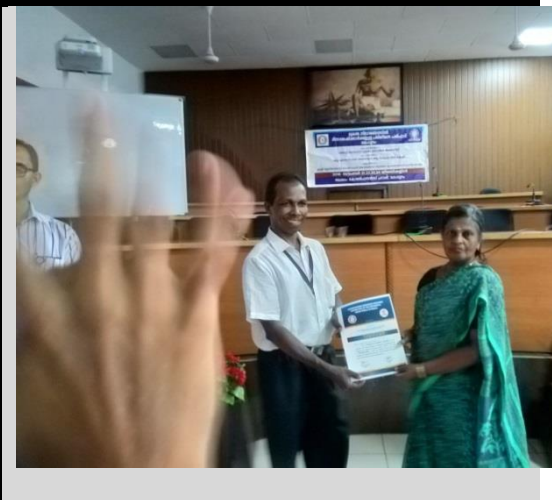


In the feedback session participants appreciated the programme and the classes very much. All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.





Certificate Distribution



A report on DRR training in a daily newspaper at Malappuram

## ERNAKULAM

Date : 17 January 2018 to 20 January 2018

Venue : Govt.Youth Hostel, Kakkanad, Kochi

The training programme at Ernakulam District started 17<sup>th</sup> January 2019 and ended on 20<sup>th</sup> January 2019. The classes on 17<sup>th</sup> were for visually challenged persons and the training programme started with welcome address by Dr.Anilakumari M.C.



*A view of the inaugural session of inclusive DRR training at Ernakulam*

Programme inaugurated by Nizar Moidheen, Chairman, All Kerala Deaf Association. The presidential address was given by Dr. P T Baburaj, Hon. Director IUCDS.



*Dr.P.T Baburaj, Hon .Director, IUCDS delivering the presidential address*

Felicitations were given by Joycy, Jr.Superintendent , SJD, Sabith Ummer, Secretary, Thanal Palliative and Paraplegic Care Society, Aluva

**Day 1 (17 January 2018)**

The first day programme was for persons with Hearing impairment. At the time of registration participants were given a kit with training materials which include information, writing pad, pen, bag and information leaflets regarding disasters. First session was taken by Dr.Nisha T.S, on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Dr.Anilakumari M.C took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.

The whole session was translated by Mrs. Seema (sign language expert).



*Mrs. Seema sign language expert translated the sessions*

37 hearing impaired person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.P.M Hameed, Lissy Hospital, Ernakulam conducted a class on First aid and survival skill.



### ***First AID Practical Training for Participants***

During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

#### **Day 2 (18 January 2018)**

The second day programme was for persons Locomotor and Orthopedically impairment. Programme Inaugurated by Rajeev Palluruthy, Thanal Palliative and Paraplegic Care Society, Aluva. Felicitation by Sabith Ummer, Secretary Thanal Palliative and Paraplegic Care Society ,Aluva

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag. First session was taken by Mrs. Resmy V.M on Introduction to Disaster Management. She explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rosy ,resource person IUCDS took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.

The whole session was translated by Mrs. Seema (sign language expert). 37 hearing impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.P.M Hameed, Lissy Hospital, Ernakulam conducted a class on First aid and survival skill with the support of mannequin.

In the feedback session participants appreciated the programme and opined that it was very effective.



*The participants with the **Dr. P.T Baburaj**, Hon. Director IUCDS*



*All Kerala Wheel chair rights federation members joining the programme on their wheel chairs at Ernakulam*



*Certificate distribution session*

*Dr. P. M. Hamed distributing the participation certificate*

### **Day 3 (19 January 2018)**

The participants of the third day were meant for care givers of mentally challenged persons. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr.Nisha T.S, resource person IUCDS on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr.Anilakumari M.C, Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 23 parents were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.P.M Hameed, Lissy Hospital, Ernakulam conducted a class on First aid and survival skill. He conducted a practical session on CPR. The participants of the training were very enthusiastic to learn the new ideas and lesson on DRR.

In the feedback session participants appreciated the programme expressed their gratitude.



*Dr. Tony Jose handover the participation certificate*

**Day 4 (20 January 2018)**

The fourth day's programme was meant for persons with visual impairment. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language writing pad, pen, bag and information leaflets regarding disasters.

The first session was handled by Dr. P.T Baburaj on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Mrs.Shimmy Rose handled the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR.

The participants were very much eager to understands the aspects of DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



Persons with visual Impairment attending the programme

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.P.M Hameed, Lissy Hospital, rnakulam conducted a class on First aid and survival skill. In the feedback session the participants expressed their opinion critically and suggested more programmes to be organized in this area as far as possible.

All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.



## ALAPPUZHA

Date : 28 January 2019 to 31 January 2019

Venue : NHM Seminar Hall, General Hospital, Alappuzha

The training programme for persons with disabilities on inclusion Disability Risk Reduction (DRR) at Alappuzha district started on 28<sup>th</sup> January 2019 at NHM Seminar Hall, General Hospital, Alappuzha.

Kerala State Disaster Management Authority (KSDMA), District Disaster Management Authority (DDMA) and Department of Social Justice together organized the training programme at Alappuzha .IUCDS coordinated the whole activities. On 17<sup>th</sup> January 2019, the training coordinator visited the DDMA and SJD office and enlisted the activities to be done. Also, the Hon'ble District Collector **Sri. S. Suhas, IAS**, been invited to inaugurate the programme. The coordinator also invited the **Smt. P.S. Swarnamma** Deputy Collector (DM), and Mr. Sabu Varghese, Social Justice officer, Alappuzha.

Efforts been made to propagate the idea of the training programme through all possible media. DDMA made arrangements for press release of the programme through print and electronic media. The faculty of IUCDS had been invited to conduct a live phone in programme in a community radio (Neythal FM 107.8 on 23/01/2019 .The name of the programme was “ Sevana Vazhikal ” from 5pm to 6pm .



*At Neythal FM radio station, Alapuzha with the Director Fr.Xavior kudiamssery,  
Dr.P.T Baburaj and Dr.Hena N.N*

Department of SJD arranged the venue, food and refreshments and invited participants for the training programme. A tentative list of participants was prepared beforehand. All the registered organizations in the field of disability been contacted and ensured their participation.

### **Day 1 (28 January 2019)**

The training programme at Alappuzha started on 28/01/2019 at NHM Training Hall, General Hospital, Alappuzha at 10am. Hon'ble District collector, Sri. S.Suhas ,IAS ,inaugurated the programme. in the inaugural speech ,he mentioned about the unique programme on inclusive DRR and the importance of extending these kind of activities to the most needy people, especially for persons with severe disabilities who are bedridden. He further ensured all the support of the district collectorate to conduct training programme at Taluk Level. Dr.P.T Baburaj ,Hon. Director of IUCDS presided over the inaugural function. Dr. Hena N. N. Lecturer /research associate welcomed the gathering.



*Inaugural Address by Shri. S.Suhas, IAS, District Collector, Alappuzha*

*Presidential address by **Dr. P.T. Baburaj**,  
Hon. Director, IUCDS*



*Welcome speech by **Dr. Hena N.N**,  
Lecturer, IUCDS*

**Smt. P.S. Swarnamma**, Deputy Collector, DM, Alappuzha. **Sri. Shyla Kumar**, Senior Superintendent, Social Justice Department, Alappuzha **Smt. Arya Byju**, Member, State Advisory Board on Disabilities, State Secretary & Alappuzha District Secretary, DAWF. **Sri. P.T Varghese**, District Secretary, Kerala Federation of the Blind felicitated the programme. Mr.Sarath Kumar, Dist. Project officer, UNDP delivered the vote of thanks. The inaugural programme come to an end by 11.am.

The first day the training was arranged of visual impairment .The session started soon after a short tea break. First session was taken by Dr. P T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.



*A session By Dr. P.T. Baburaj, Hon. Director, IUCDS*

Dr. Anila Kumari M.C ,felicitated the forenoon sessions on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. Power point presentations charts and videos were used for the presentations. Group discussions were also used as a tool to convey the idea of inclusive DRR.



*A session By Dr.Anilakumari M.C, Resource Person*

Dr. Radha Krishnan, Dist. Programme Manager, National Health Mission facilitated the afternoon session on first aid and survival skills .Hand on training was given to participants on first aid using mannequins and other materials .The session was a different experience for persons with disabilities. 51 persons with visual impairment person were attended the session.



A view of the audience (Visually Challenged)

A report on  
Inclusive DRR  
in a  
Malayalam  
daily

### അടിയന്തരഘട്ടങ്ങളിൽ അതിജീവനം: ഭിന്നശേഷിക്കാർക്കു പരിശീലനം തുടങ്ങി

ആലപ്പുഴ • ഇനിയൊരു പ്രളയം വന്നാൽ എന്തു ചെയ്യണമെന്ന് കരുതാൻ കഴിയാതെ പോകാൻ തടയാൻ കഴിയുന്ന രീതികൾ പഠിപ്പിക്കാനും അടിയന്തരഘട്ടങ്ങളിൽ എങ്ങനെ ഇടപെടണമെന്നും ഭിന്നശേഷിക്കാർക്കു പരിശീലനം നൽകുകയുമാണ് ദുരന്തനിവാരണ അതോറിറ്റി, ജില്ലാ സാമൂഹിക നീതി വകുപ്പുമായി യോജിച്ചാണ് പരിപാടി. ജില്ലയുടെ വിവിധ ഭാഗങ്ങളിൽ നിന്നും തിരഞ്ഞെടുക്കപ്പെട്ട നാൽപ്പത്തോളം ഭിന്നശേഷിക്കാരാണ് ക്ലാസിൽ പങ്കെടുക്കുന്നത്.

സംസ്ഥാനത്തുടനീളം 3000 പേരെ ആദ്യഘട്ടത്തിൽ പരിശീലിപ്പിക്കാനാണ് ലക്ഷ്യമിടുന്നത്. ജില്ലാതല ഉദ്യോഗാധികാരികൾ, എസ്.സുഹാസ് നിർവഹിച്ച ആദ്യ ദിവസമായ ഇന്നലെ കാഴ്ച വെല്ലുവിളി നേരിടുന്നവർക്കുള്ള പരിശീലനമാണ് നൽകിയത്.

എംജി സർവകലാശാലയുടെ കീഴിൽ പ്രവർത്തിക്കുന്ന ഇന്റർ യൂണിവേഴ്സിറ്റി സെന്റർ ഫോർ ഡിസബിലിറ്റി സ്റ്റഡീസിനാണ് പരിശീലന ചുമതല. ഐ.യു.സി ഡി.എസ്.സി.എൽ.എൽ.ഫോറം, ഐ.യു.സി.ഡി.എസ്. ഡയറക്ടർ പി.ടി.ബാബുരാജ്, ഡബ്ല്യു.ടി.കെ.കെ.ടി.പി.എസ്.സമീനമ്മ, സാമൂഹിക നീതി വകുപ്പു സീനിയർ സൂപ്രണ്ട് ഷൈലക്യുമാർ, ജില്ലാ പ്രോജക്ട് ഓഫീസർ ശരത് കുമാർ തുടങ്ങിയവർ പ്രസംഗിച്ചു.

ജനറൽ ആശുപത്രിയിലെ എൻ.എച്ച്.എം ഹാളിൽ നടക്കുന്ന പരിശീലന പരിപാടി 31നു സമാപിക്കും.

### Day 2 (29 January 2019)

The second day programme was for persons with hearing impairment. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters.

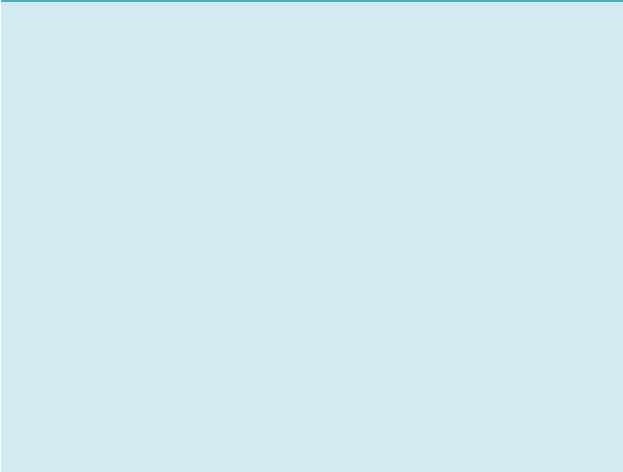
The first session was led by Mrs. Reshmy V.M on Introduction to Disaster Management. Second session was led by Dr. Anilakumari M.C .She introduced the concept of disaster management and given practical suggestions in disaster preparedness and She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. The whole session was translated by Mrs. Seema (sign language expert). 40 persons with hearing impairment were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Radha Krishnan, Dist. Programme Manager, National Health Mission facilitated the afternoon session on first aid and survival skills .Hand on training was given to participants on first aid using mannequins and other materials .The session was a different experience for persons with Disabilities .In the feedback session participants appreciated the programme and the classes very much.

### **Day 3 (30 January 2019)**

The participants of the third day were persons with Locomotor impairment and the session was inaugurated. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr. Nisha T S (resource person IUCDS) on Introduction to Disaster Management. She introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management. The second session started at 12 pm and ended at 1.30 pm. Mrs. Shimmy Rose, Resource Person, IUCDS took the class on Disability Inclusive Disaster Risk Reduction.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 87 persons with locomotor disabilities attended the programme. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Radha Krishnan, Dist. Programme Manager, National Health Mission conducted a class on First aid and survival skill. He conducted a practical session on CPR. A Mock drill session conducted by Dr.P.T Baburaj, Hon. Director, IUCDS. In the feedback session participants were very much eager to use their skill in understanding all the aspects of the training programme and the classes very much.



### **View of the audience**

#### **Day 4 (31 January 2019)**

The participants of the fourth day were Caregiver's of Mentally Challenged. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was handled by Dr. Nisha T.S on Introduction to Disaster Management. He introduced the concept of disaster management and given

practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management. The second session started at 12 pm and ended at 1.30 pm. Dr. Nisha T.Mrs. Reshmy V.M terminologies on disability inclusive DRR.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 31 caregivers of intellectually challenged were participated in the programme. Radha Krishnan, Dist. Programme Manager , National Health Mission conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much. After the lunch the next session started at 2.15 pm and finished at 4.15 pm.



Audience in the venue





*Dr.P.T Baburaj distributing the certificates*

Dr.P.T Baburaj and Dr. Hena N.N Conducted Radio talk on Disability Disaster Risk reduction Management in relation to strengthening emergency response capabilities of the differently abled people in Kerala Radio Macfast FM, Nattukarkku Koottai, Thiruvalla .



**Dr. P T Baburaj and Dr. Hena N with the MacFast Radio team**

The organizers of the programme conducted a Radio talk on Disability Disaster Risk reduction Management in relation to strengthening emergency response capabilities of the differently abled people in Kerala Global FM, programme “Nattukarkku Koottai”, at Alappuzha.



*Dr. P T Baburaj and Dr. Hena N N at Global FM studio*

## PATHANAMTHITTA

Date : 05 February 2019 to 08 February 2018

Venue : **Kappil Nano Arcade , Doctors Lane**

The training programme at Pathanamthitta District started on 5<sup>th</sup> February 2019 and ended on 8<sup>th</sup> February 2019. The classes on 5<sup>th</sup> were for visually challenged persons and the training programme started with welcome address by Dr. Hena N.N, Lecturer, IUCDS. Programme inaugurated by Sri. S Shivaprasad, Deputy Collector (DM ), Pathanamthitta.



*The presidential address was given by **Dr. P T Baburaj**, Hon. Director IUCDS.*

Felicitations were given by Smt. Shamla Beegam. J, Social Justice Officer, Pathanamthitta, Sri. Raju Selvam, District Secretary, DAWF, Sri. Rajagopal, District President, Kerala Federation of the Blind, Neethu Thomas, Hazard Analyst, DDMA, Kollam, Sri. Ani Thomas Idiculla, District Project Officer, UNDP

### **Day 1 (05 February 2019)**

The first day programme was for persons with visually impaired. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters.

First session was taken by Dr. P.T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness. The second session started at 12 pm and ended at 1.30 pm.

Dr. Hena N.N took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 75 persons with visual Impairment were attended the programme.



After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Roney Thomas, Associate professor, Department of emergency Medicine, Pushpagiri Medical College, Thiruvalla conducted a class on First aid and survival skill.

During the feedback session participants appreciated the class very much and expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

## **Day 2 (06 February 2019)**

The second day programme was for persons with hearing impairment. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag. Programme was inaugurated by Smt. Shamla Beegam. J, Social Justice Officer, Pathanamthitta. Felicitations by Varghese Koshy, District association for deaf, Pathanamthitta , Muhammed salim, President, deaf forum, Pathanamthitta

First session was taken by Dr.Nisha T.S, on Introduction to Disaster Management. She explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Dr. Shimmy Rose ,resource person IUCDS took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical

application on disability inclusive disaster risk reduction. The whole session was translated by Mrs. Sreema (sign language expert). 69 hearing impaired person were attended the session.



*Mrs. Seema translate the session of Dr. Nisha T.S*



*Dr. Roney Thomas facilitating the CPR session*

After the lunch the next session started at 2.15 pm and finished at 4.15 pm.

Dr.Roney Thomas , ,Associate professor ,Department of emergency Medicine, Pushpagiri Medical College, Thiruvallaa conducted a class on First aid and survival skill.



*Dr. Roney Thomas demonstrating during the first aid session*

In the feedback session participants appreciated the programme and the classes very much.

**Day 3 (07 February 2019)**

The participants of the third day were persons with Locomotor and Orthopedically impairment. The programme was inaugurated by Sri.Ramesh M.G, District fire officer, Pathanamthitta



*Sri. Ramesh M.G, District fire force officer, Pathanamthitta demonstrate the rescue operation methods*

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. The first session was led by Dr.P.T Baburaj on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr. Anilakumari M.C took the class on Disability Inclusive Disaster Risk Reduction. After the

session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 82 mobility impaired person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.Roney Thomas , ,Associate professor ,Department of emergency Medicine ,Pushpagiri Medical College ,Thiruvallaa conducted a class on First aid and survival skill. . He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much.

#### **Day 4 (08 February 2019)**

The fourth day's programme was meant for care givers of mentally challenged persons. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. Programme was inaugurated by Shri. C.K Azad, President, Parivar, Pathanamthitta.



*Felicitaton by Smt. ShamlA Beegam .J, Social Justice Officer, Pathanamthitta*

The first session was handled by Dr. Nisha T.S, on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.



The second session started at 12 pm and ended at 1.30 pm. Dr. Shimmy Rose took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.



120 parents of the mentally challenged were attended the programme. After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Roney Thomas, Associate professor, Department of emergency Medicine, Pushpagiri Medical College, Thiruvallaa conducted a class on First aid and survival skill. He conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much. All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.



All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## KOLLAM

Date : 12 February 2019 to 15 February 2018

Venue : **Savithri Hall, Public Library ,Chinnakkada,Kollam**

The training programme at Kollam District started 12<sup>th</sup> February 2019 and ended on 15<sup>th</sup> February 2019. The classes on 12<sup>th</sup> was for visually challenged persons and the training programme started with welcome address by Dr. Hena N.N, Lecturer, IUCDS



*Welcome speech by Dr. Hena N.N, Lecturer ,IUCDS*

Programme inaugurated by Shri. A. Alexander, Sub-collector, Kollam



*Inaugural Address by Shri. A. Alexander, Sub-collector, Kollam*



*The presidential address was given by **Dr. P T Baburaj** , Hon. Director IUCDS.*

Felicitations were given by Sri .S. L Mohana Kumar, Junior Superintendent, District Social Justice Office, Kollam, Shri. Suresh Kumar, District Information Officer, Shri. Lalji Kumar, District president, Kerala Federation of the Blind, Ms. Gopika G.L, Hazard Analyst, KSDMA, Arya Biju, DAWF state joint secretary .

**Day 1 (12 February 2019)**

The first day programme was for persons with visually impaired. At the time of registration participants were given a kit with training materials which include information leaflets regarding disasters on Braille language, writing pad, pen, bag and information leaflets regarding disasters.

First session was taken by Dr.P.T Baburaj on Introduction to Disaster Management. He explained about the types of disasters, vulnerability of the state, and vulnerability of Kollam district on disasters, mitigation, and preparedness.



The second session started at 12 pm and ended at 1.30 pm. Dr.Hena N.N took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 51 visually challenged person were attended the session.

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr.Aathura Das.M, HOD, Department of Emergency Medicine, Holy Cross Hospital, Kottiyam ,Kollam conducted a class on First aid and survival skill.



*First AID Training for participants (Visually Challenged)By Dr. Athura Das*



During the feedback session participants appreciated the class very much and

expressed the opinion that as they are visually challenged strengthening practical demonstration will help them more.

## **Day 2 (13 February 2019)**

The second day programme was for persons with hearing impairment.

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag.

Programme Inaugurated by Shri.Shanmugham. A, All Kerala association of the deaf.

Felicitations by Sri. Baby Mathew, Chairman, Association of the deaf & dumb, Kollam, Sri. Rajendran, President, Association of the deaf & dumb

First session was taken by Dr.Nisha T.S, on Introduction to Disaster Management. She explained about the types of disasters, vulnerability of the state, and vulnerability of Kannur district on disasters, mitigation, and preparedness.

The second session started at 12 pm and ended at 1.30 pm. Dr. Shimmy Rose ,resource person IUCDS took the class on disability inclusive disaster risk reduction, after the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction.

The whole session was translated by Mrs. Sreema (sign language expert).



49 hearing impaired person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm.

Dr.Aathura Das .M ,HOD, Department of Emergency Medicine ,Holy

Cross Hospital, Kottiyam, Kollam conducted a class on First aid and survival skill. In the feedback session participants appreciated the programme and the classes very much.

**Day 3 (14 February 2019)**

The participants of the third day were persons with Locomotor and Orthopedically impairment. The programme was inaugurated by Dr. Anitha sankar, Principal, S.N.College, Kollam, Felicitation by Sri.Sreelal, Secretary, DAWF and *Vava Suresh*, the popular snake catcher of Kerala.



*Mr. Vava Suresh (Snake expert) demonstrate a session on snake bites and its first aid*



*A demonstrating session by Vava Suresh, the popular snake expert of Kerala*

At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding

disasters. The first session was led by Dr.P.T Baburaj on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management. The second session started at 12 pm and ended at 1.30 pm. Dr. Anilakumari M.C took the class on Disability Inclusive Disaster Risk Reduction.

After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 60 mobility impaired person were attended the session. After the lunch the next session started at 2.15 pm and finished at 4.15 pm.

Dr.Aathura Das .M ,HOD, Department of Emergency Medicine ,Holy Cross Hospital ,Kottiyam ,Kollam conducted a class on First aid and survival skill. He conducted a practical session on CPR.In the feedback session participants appreciated the programme and the classes very much.

#### **Day 4 (15 February 2019)**

The fourth day's programme was meant for care givers of mentally challenged persons. At the time of registration participants were given a kit with training materials which include writing pad, pen, bag and information leaflets regarding disasters. Programme was inaugurated by . Sri. Sudheer kumar, Officer ,Social Justice Department,Kollam. Felicitation by Smt.Sudhamani, Rtd.Teacher & social reformer.

The first session was handled by Dr. Nisha T.S ,on Introduction to Disaster Management. He introduced the concept of disaster management and given practical suggestions in disaster preparedness. Participants gained knowledge about disasters and management.

The second session started at 12 pm and ended at 1.30 pm. Dr. Shimmy Rose took the class on Disability Inclusive Disaster Risk Reduction. She explained disability, various terminologies on disability inclusive DRR. After the session participants gained the knowledge on practical application on disability inclusive disaster risk reduction. 75 parents of the mentally challenged were attended

After the lunch the next session started at 2.15 pm and finished at 4.15 pm. Dr. Aathura Das. M, HOD, Department of Emergency Medicine, Holy Cross



Hospital, Kottiyam, Kollam conducted a class on First aid and survival skill.



*Dr.Athura Das in the first aid CPR session at Kollam*

Dr. Athura das conducted a practical session on CPR. In the feedback session participants appreciated the programme and the classes very much. All the four days participants were provided with refreshments, lunch, training kits, certificate of participation and travelling expenses.

## THIRUVANANTHAPURAM

Date : 28 May 2019 to 31 May 2019

Venue : Auditorium, IInd Floor, KSDMA Head Quarters,  
Observatory Hills

The training programme on inclusive DRR for persons with disabilities at Thiruvananthapuram district started at KSDMA Auditorium, KSDMA headquarters on 28<sup>th</sup> May 2019 . The programme was organized as four parallel sessions on 28<sup>th</sup> and 29<sup>th</sup> May 2019.



### Inauguration:

The programme was inaugurated by **Shri. E. Chandrasekharan**, Hon'ble Minister for Revenue & Disaster Management (Vice Chairperson, KSDMA) on 28<sup>th</sup> at 11.am .He also released the Braille hand book on inclusive DRR during the occasion.Dignitaries from various sectors and stakeholders were present during the occasion.**Dr. Mohammed Asheel**, Executive Director, Kerala Social Security Mission ,Social Justice Department, Government of Kerala, **Prof Dr. Rajan Gurukkal**, Vice-Chairman, Kerala State Higher Education Council, **Adv. Mohanan Parasuvakkal**, Chairman, Kerala State Handicapped Welfare Corporation .**Sabith Ummer**, Secretary Thanal Palliative and Paraplegic Care

Society, Aluva were the dignitaries during the inauguration. **Dr. Sekhar L. Kuriakose**, Member Secretary, KSDMA presided over the function and **Dr. P.T Baburaj**, Hon. Director, IUCDS welcomed the gathering.



*Welcome speech by Dr.P.T Baburaj, Hon. Director, IUCDS*

The inaugural programme come to an end by 12.00 am. The training programme were arranged in two parallel sessions on 28<sup>th</sup>, the sessions were for persons with visually impaired and for persons with hearing impairment.

The first session started by 10.00 am and ended by 11.00 am for both the groups. The first session for persons with visually impaired was handled by Dr. Prasanth, General Hospital, Ernakulam and that of persons with HI was by Dr.Anilakumari .M.C.



*CPR training-visually challenged person*



*First AID Trainings*



*A session By Dr.Anilakumari M.C*

After the first session both the groups were assembled at the auditorium for the inaugural functions. Soon after the inauguration ,the tea was provided for all.Second session started immediately after the inauguration. The session ended by 1.30 pm and the lunch was provided near the auditorium thereafter. Post lunch session started by 2.30 pm and ended by 5.00 pm.16 persons with visually impaired and 36 persons with hearing impaired attended the programme.

## Day 2

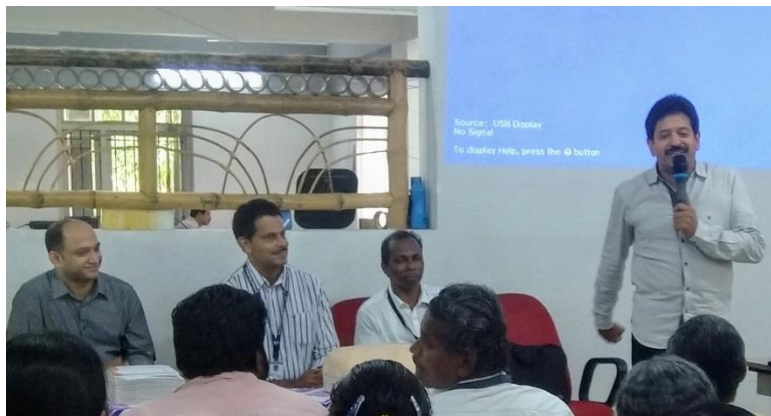
The programme on the second day was for persons with orthopedically handicapped and for the parents of mentally challenged.Bothe the groups were given training parallel as the previous day .The schedule of the programme was the same except the inaugural function.



Ms. Annie George, UNDP, Magician Gopinath Muthukad had visited and addressed the participants during the programme.



***Magician Gopinath Muthukad delivering a speech on inclusive DRR***



***Special talk by Magician Muthukad Gopinath***

A valedictory function was arranged at the end. The faculty who conducted the trainings were Dr. Anilakumari M.C, Mrs.Shimmy Rose, Dr.P.T Baburaj, Hon. Director, IUCDS



Dr. Prasanth, General Hospital Ernakulam. Mrs.Seema Joseph, Sign language expert to translate the programme for persons with hearing impairment.

A total of 35 persons with orthopedical handicap and



40 caregivers of the mentally challenged attended the programme .



*A view of the audience (Persons with Locomotor impairment)*

Both the days participants were provided with refreshments, lunch, training kits and certificate of participation. All precautions were taken to keep the venue and classroom disability friendly during the programme.



## **ABOUT INTER UNIVERSITY CENTRE FOR DISABILITY STUDIES MAHATMA GANDHI UNIVERSITY**

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Inter University Centre for Disability Studies (IUCDS) is a unique centre of Mahatma Gandhi University, conceived as a place for collective learning, actions and reflections based on the human rights framework for the national vision of inclusion and complete participation of persons with disabilities. IUCDS envisioned contributing to emerging participatory action research in disability studies in a trans-disciplinary perspective. The centre has active participation and involvement of multi-disciplinary group of scholars, scientists, educationist, special educators, rehabilitation professionals, psychologists and health educators who could contribute to the field of disability studies in a holistic perspective. The centre has been initiated several academic and research oriented activities. Presently, the centre offers M.Phil. programme in disability studies. With many challenges in the backdrop, on 22 December 2011, the centre has initiated an extension programme in the name 'Disability Rehabilitation Early Assessment and Management Services' (DREAMS) to concretize its commitment towards capacity building for the strengthening of people with disabilities in our society.

IUCDS conducted almost 53 academic programmes and provided rehabilitation services to about 1000 persons with disabilities through DREAMS. In 2015, an Audiology lab has been set up at IUCDS from the UGC XII grant provided to the centre. The constant emphasis of IUCDS will be on empowering persons with disabilities.

### **Vision**

IUCDS envisions a world in which there is zero rejection and full participation of persons with disabilities.

### **Mission**

- Develop higher level professionals in the field of disability studies.
- Develop a holistic approach for the total rehabilitation of the disable.
- Establish advanced facilities and promote research and extension activities in major areas of disabilities.
- Establish linkages with national and international organizations for collaborate academic and research programs.
- Develop assessment tools for the assessment of various disabilities.

## **Nine Year's Achievements**

- 06 batches of students in M. Phil Disability studies
- 20 students passed out
- 20 dissertations produced
- 38 Training programmes/ certificate courses/ workshops
- 13 National/ state level Seminars
- 02 International seminars
- 02 Community based projects
- 07 CRE programmes in association with national institutes
- More than 1000 differently abled persons were benefited from support services at DREAMS

## **Programmes of the Centre**

IUCDS offers several academic programmes including one regular fulltime programme IN M.Phil. Disability studies and many short term training programmes. Besides this, IUCDS conducted national and international level seminars.

Extension activities with the involvement of community are one of the major objectives of the centre. Community education and seminars for awareness creation related to services availability, schemes were conducted by the center. Community based rehabilitation services with the support of the local self- government will be taken up by the centre.

## **Disability Rehabilitation Early Intervention and Management Services (DREAMS)**

Disability Rehabilitation Early Intervention and Management Services (DREAMS) is an initiative by IUCDS for Early Identification and Intervention of Childhood Disabilities. The centre provides interdisciplinary services to the persons with disabilities. The centre provides services to persons with disabilities from low socio economic status.

## **Services available at DREAMS**

- Audiology and Speech therapy
- Audiological Evaluation
- Speech therapy
- Physiotherapy
- Physiotherapy to children and adults with disabilities
- Counselling and psychotherapy
- Disability assessment
- Intelligence testing
- Disability certification
- Care of the elderly
- Special Education
- Remedial coaching

## **Support services to parents**

IUCDS has the strength to inculcate participatory role among the persons with disabilities and other stake holders. The centre has opportunities to access across the nation. Significant contribution can also be done by having linkage with national and international organizations.

Since the field of disability is a relatively recent area of academics, it has a tendency to cross disciplinary boundaries. There are unexplored areas of research in disability studies. Further the centre can take initiatives for outreach programmes for the differently abled

**Team IUCDS**



**Dr. P. T Baburaj**  
Hon. Director



**Dr. Hena N. N.**  
Research Associate /Lecturer



**Mrs. Rini Mariam George**  
Speech Therapist



**Mrs. Ginimol P.**  
Office Assistant



**Mrs. Sindhu P. S**  
Menial Worker



**Dr. Anilakumari M. C.**



**Dr. Nisha T. S.**



**Mrs. Shimmy Rose**

(Resource Persons)

## **CONCLUSION**

Inclusion of persons with disabilities in disaster risk reduction is not an easy task. It requires technical skill, knowledge and positive attitude of the people who are closely working with this issue. An Organizing and conducting a state level training programme on “strengthening emergency response capabilities of the differently abled” was an experimental one for the very first time in Kerala. To make this effort a sustainable one, a training module power point presentations were developed on the basis of the experiences gathered and learned, so that it could be replicated and reach to more people with disabilities. Refreshers course for the participants can also be considered.

Discussing the hazards encountered and the learning all the new knowledge and skills of inclusive DRR helped the organizers to take disability inclusive programs seriously. The whole process involved hard work and commitment on all sides. However as each of the case studies demonstrate, being involved in disability inclusive learning and applying this learning is life changing for both people with disabilities and their non-disabled peers.

## Appendix I

### Participants Details

Sl. No	District& Venue	Dates	Participants				Total
			VI	HI	OH	IC	
1.	Kottayam Cooperative Bank Employees Hall, Thirunakkara, Kottayam	19-03-2018 to 22-03-2018	12	29	34	44	<b>119</b>
2.	Thrissur V K N Menon Indoor Stadium	10-04-2018 to 13-04-2018	57	43	30	30	<b>160</b>
3.	Idukki Pappootty hall, Thodupuzha	18-04-2018 to 21-04-2018	20	34	35	20	<b>109</b>
4.	Kazargod Municipal Town Hall Kangangad	25-09-2018 to 28-09-2018	48	35	58	65	<b>206</b>
5.	Kannur District sports council hall, Collectorate, Kannur	10-10-2018 to 13-10-2018	52	53	47	40	<b>192</b>
6.	Palakkad Hotel Gazala, Near head Post office, Palakkad	23-10-2018 To 26-10-2018	46	55	30	44	<b>175</b>
7.	Kozhikode Govt. Children's Home for Girls, Vellimadukunnu,	29-10-2018 To 01-11-2018	45	46	43	49	<b>183</b>
8.	Wayanad Alakkal Residency, Kalpetta	12-11-2018 to 15-11-2018	58	45	29	85	<b>217</b>
9.	Malappuram Conference Hall Collectorate, Malappuram	21-11-2018 To 24-11-2018	79	56	46	55	<b>236</b>
10.	Ernakulam Govt, Youth Hostel, Kakkanad, Kochi	17-01-2019 To 20-01-2019	35	37	23	50	<b>145</b>
11	Alappuzha NHM Seminar Hall, General Hospital, Alapuzha	28-01-2019 To 31-01-2019	51	40	87	39	<b>217</b>
12	Pathanamthitta Kappil Nano Arcade Doctors Lane, College Road, Pathanamthitta	05-02-2019 To 08-02-2019	75	69	82	120	<b>346</b>
13	Kollam Savithri Hall, Public Library, Chinnakkada Kollam	12-02-2019 To 15-02-2019	51	49	60	75	<b>235</b>
14	Thiruvananthapuram Auditorium, IInd Floor, KSDMA Head Quarters, Observatory Hills, Thiruvananthapuram	28-05-2019 To 29-05-2019	16	36	35	40	127

**TOTAL – 2667**

**List of Resource Persons:**

1. Dr. Jayakumar, Consultant, Neonatologist, Medical College, Kottayam
2. Dr. Rajagopal, DMO (Rtd.) Thrissur
3. Ms. Anjaly, Hazard Analyst, SEOC
4. Mr. Feby Leo Mathew, Managing Trustee, Motherlife charitable trust
5. Dr. Anila Kumari, Asst. Professor, BCTE, Kollam
6. Dr. Syriac Antony ( District hospital, Kasaragode
7. Dr. Anandh, DMO ,District hospital, Kannur
8. Dr. Gopikrishnan, Dist. Hospital ,Palakkad
9. Dr. Ajil Muhammed, District hospital
10. Dr. Favas (VIMS Hospital Wayanad
11. Dr. Rony Thomas , MES Medical College ,Perinthalmanna, Malappuram
12. Dr. P.M Hameed, Lissy Hospital ,Ernakulam
13. Dr. Radhakrishnan, District Programme Manager, National Health Mission,  
Alappuzha
14. Dr. Roney Thomas, Associate Prof., Dept. of emergency  
medicine , Pushpagiri Medical College, Thiruvalla.
15. Dr. Aathura Das .M, HOD, Department of Emergency  
Medicine, Holycross Hospital, Kottiyam, Kollam
16. Dr. Prasanth ,General Hospital ,Ernakulam
17. Shri. Joe John George, State Project Officer GoI-UNDP Project, SEOC
18. Ms. Resmy V M, HSST Botany, Govt. Higher Secondary School, Kezhumpara,  
Malappuram
19. Dr. Nisha T.S
20. Ms. Shimmy Rose
21. Dr. P.T Baburaj ,Hon. Director, IUCDS
22. Dr. Hena N.N, Research Associate/Lecturer, IUCDS



വിശദ വിവരങ്ങൾക്ക്  
കേരള സംസ്ഥാന  
ദുരന്ത നിവാരണ അതോറിറ്റി  
(KSDMA)  
ബിസർവേറ്റിംഗ്,  
വി.കെ.എസ്. ജവർ തപാൽ ഓഫീസ്  
തിരുവനന്തപുരം,  
കേരളം - 695033  
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Email :keralasdma@gmail.com

ഇന്റർ യൂണിവേഴ്സിറ്റി  
സെന്റർ ഫോർ ഡിസബിലിറ്റി  
സ്റ്റഡീസ് (IUCDS)  
സ്കൂൾ ഓഫ് ബിഹേവിയർ  
സയൻസ് ബിൽഡിംഗ്  
മഹാത്മാഗാന്ധി സർവ്വകലാശാല,  
കോട്ടയം-686560  
ഫോൺ - 04812731580  
9495213248, 9846735917



## ദിനശേഷിയുള്ളവർക്കായുള്ള ദുരന്തലഘൂകരണ നിവാരണ പരിശീലന പരിപാടി



കേരള സംസ്ഥാന ദുരന്ത നിവാരണ അതോറിറ്റി  
(KSDMA), തിരുവനന്തപുരം

ഇന്റർ യൂണിവേഴ്സിറ്റി സെന്റർ ഫോർ ഡിസബിലിറ്റി സ്റ്റഡീസ്  
(IUCDS),

മഹാത്മാ ഗാന്ധി യൂണിവേഴ്സിറ്റി, കോട്ടയം

ജില്ലാ ദുരന്ത നിവാരണ അതോറിറ്റി  
കേരള സംസ്ഥാന സാമൂഹിക നീതി വകുപ്പ്

ദുരന്തങ്ങൾ എപ്പോൾ വേണമെങ്കിലും സംഭവിക്കാം. അവയെ നേരിടാൻ പ്രാപ്തമാക്കുകയും അതിജീവിക്കാൻ കഴിവുള്ളവരാവുകയും ചെയ്യുക എന്നതാണ് പ്രധാന ദിനശേഷിയുള്ള വ്യക്തികളെ സംബന്ധിച്ചിടത്തോളം പരസഹായം കൂടാതെ അവർക്ക് സുരക്ഷ എളുപ്പമല്ല എന്നാൽ കൃത്യമായ പരിശീലനം നൽകുക വഴി ഒരു പരിധിവരെ ദുരന്തങ്ങൾ മുഖമുണ്ടാകുന്ന ആഘാതം കുറയ്ക്കാനും ദുരന്തങ്ങളെ ഫലപ്രദമായി അതിജീവിക്കുവാനും സാധിക്കും.

### ദുരന്ത നിവാരണത്തിൽ ദിനശേഷിക്കാരുടെ ശാക്തീകരണം- പദ്ധതി

ദിനശേഷിക്കാരുടെ അവകാശനിയമത്തിൽ (RPWD Act-2016) ദുരന്ത ലഘൂകരണ നിവാരണ പ്രവർത്തനങ്ങളിൽ ദിനശേഷിയുള്ളവരെ കൂടി ഉൾപ്പെടുത്തേണ്ടതിന്റെ ആവശ്യകത വ്യക്തമാക്കിയിട്ടുണ്ട്. പ്രസ്തുതലക്ഷ്യം മുന്നിർത്തി കേരള സംസ്ഥാന ദുരന്ത നിവാരണ അതോറിറ്റി 2016-ൽ ആരംഭിച്ച ബൃഹത് പദ്ധതിയാണ്. ദുരന്തനിവാരണത്തിൽ ദിനശേഷിക്കാരുടെ ശാക്തീകരണം എന്നത് ദുരന്ത ലഘൂകരണ നിവാരണ പ്രവർത്തനങ്ങളിൽ ദിനശേഷിക്കാരുടെ പങ്കാളിത്തം ഉറപ്പു വരുത്തുക എന്നതാണ് പദ്ധതിയുടെ മുഖ്യലക്ഷ്യം. കേരളത്തിൽ 7,93, 937 ദിനശേഷിയുള്ള വ്യക്തികൾ ഉണ്ടെന്നാണ് സാമൂഹിക നീതിവകുപ്പ് 2015 ൽ നടത്തിയ സെൻസസ് വ്യക്തമാക്കുന്നത്. KSDMA 2016 ൽ ആരംഭിച്ച പദ്ധതിയുടെ ആദ്യഘട്ടത്തിൽ കേരളത്തിലെ 14 ജില്ലകളിൽ നിന്നായി ഏകദേശം 3000 ഓളം ദിനശേഷിയുള്ള വ്യക്തികൾക്ക് ദുരന്ത ലഘൂകരണ നിവാരണ പരിശീലനം നൽകാനാണ് ലക്ഷ്യമിടിക്കുന്നത്. മഹാത്മാ ഗാന്ധി സർവ്വകലാശാലയിൽ പ്രവർത്തിക്കുന്ന ഇന്റർ യൂണിവേഴ്സിറ്റി സെന്റർ ഫോർ ഡിസബിലിറ്റി സ്റ്റഡീസ് (IUCDS) ആണ് പരിശീലന പരിപാടികൾക്ക് നേതൃത്വം നൽകുന്നത്. ഇതിനു മുന്നോടിയായി IUCDS ഉം KSDMA യും ചേർന്ന് ഏകദേശം 140 -ഓളം പരിശീലകരെ തയ്യാറാക്കിക്കഴിഞ്ഞു.

പ്രസ്തുത പരിശീലനത്തിനായി കേരള സംസ്ഥാന ദുരന്തനിവാരണ അതോറിറ്റി സംസ്ഥാന തലത്തിൽ വിവിധ ശിലപ്രാദേശിക സംഘടിപ്പിക്കുകയും ദിനശേഷിക്കാരുടെ പ്രതിനിധികളുമായും അവർക്കായി പ്രവർത്തിക്കുന്ന വിവിധ ഏജൻസികളുമായി കൂടിയാലോചിക്കുകയും ചെയ്തതിനു ശേഷം പരിശീലകർക്കായുള്ള കൈപ്പുസ്തകം പ്രസിദ്ധീകരിക്കുകയുണ്ടായി കൂടാതെ ബ്രയിൽ ലിപിയിലുള്ള കൈപ്പുസ്തകം, ലഘൂലേഖകൾ ആംഗ്യഭാഷയിലുള്ള വീഡിയോകൾ, ഡെമ്പി സോഫ്റ്റ് വെയർ ശബ്ദരേഖ എന്നിവയും നിർമ്മിച്ചു കഴിഞ്ഞു.

അതതു ജില്ലാ ദുരന്ത നിവാരണ അതോറിറ്റിയുടേയും ജില്ലാ സാമൂഹിക നീതി വകുപ്പിന്റേയും സഹകരണത്തോടെയാണ് ഓരോ ജില്ലകളിലും പരിശീലന പരിപാടികൾ സംഘടിപ്പിക്കുന്നത്.

### പരിശീലന പരിപാടി - രൂപരേഖ

കേരള സംസ്ഥാന ദുരന്തനിവാരണ അതോറിറ്റിയുടെ സംഘാടനത്തിൽ ഇന്റർ യൂണിവേഴ്സിറ്റി സെന്റർ ഫോർ ഡിസബിലിറ്റി സ്റ്റഡീസ് നടത്തുന്ന പരിശീലന പരിപാടിയിൽ പ്രധാനമായും മൂന്ന് ഭാഗങ്ങളാണ് ഉള്ളത്.

- ഭാഗം 1. ദുരന്തങ്ങളും ദുരന്തനിവാരണവും ആമുഖം
- ഭാഗം 2. ദിനശേഷിയുള്ളവർക്കായുള്ള ദുരന്ത സാധ്യതാലഘൂകരണം
- ഭാഗം 3. പ്രഥമശുശ്രൂഷയും അതിജീവന ശേഷിയും

സംവേദനശേഷിയുടെ അടിസ്ഥാനത്തിൽ ദിനശേഷിയുള്ളവ്യക്തികളെ നാലായി തിരിച്ചു കൊണ്ടാണ് പ്രസ്തുത പരിശീലനം നടത്തുന്നത്.

- ഒന്നാം ദിവസം :കാഴ്ച സംബന്ധമായ വെല്ലുവിളികൾ നേരിടുന്നവർ
- രണ്ടാം ദിവസം : ശ്രവണ സംസാര വെല്ലുവിളികൾ നേരിടുന്നവർ
- മൂന്നാം ദിവസം : അസ്ഥി/ചലന സംബന്ധമായ വെല്ലുവിളികൾ നേരിടുന്നവർ (സെന്റിബ്രൽ പാൾസി)
- നാലാം ദിവസം : ബുദ്ധിപരമായ വെല്ലുവിളികൾ നേരിടുന്നവരുടെ പരിപാലകർ

ജില്ലാതല പരിശീലന പരിപാടികൾ - സമയക്രമം  
ജില്ലാതല പരിശീലന പരിപാടികൾ 2018 മാർച്ച് 19 ന് കോട്ടയം ജില്ലയിൽ ആരംഭിച്ചു. 2019 ഫെബ്രുവരി അവസാനത്തോടെ 14 ജില്ലയിലേയും പരിശീലനം പൂർത്തിയാക്കാനാണ് ലക്ഷ്യമിടുന്നത്.

- സംഘാടകസമിതി
1. ഡോ. ശേഖർ എൽ കുര്യാക്കോസ്, ബന്ധു സെക്രട്ടറി, കെ.എസ്.ഡി.എം.എ & ഫെഡ്
  2. ഡോ. പി. ടി. ബാബുരാജ്, ഹോണററി ഡയറക്ടർ, ഇന്റർയൂണിവേഴ്സിറ്റി സെന്റർഫോർ ഡിസബിലിറ്റി സ്റ്റഡീസ്, എം. ജി യൂണിവേഴ്സിറ്റി, കോട്ടയം
  3. ശ്രീ. ജോജോൺ ജോർജ്ജ്, സ്റ്റേറ്റ് ഫോറേഷൻ ഓഫീസർ, കെ.എസ്.ഡി.എം.എ
  4. ഡോ. റോന എൻ. എൻ. ലെക്ടറർ, ഐ.യു.സി.ഡി.എസ്, എം.ജി യൂണിവേഴ്സിറ്റി, കോട്ടയം ( സ്റ്റേറ്റ് ഫോറോം കോ-ഓർഡിനേറ്റർ)



‘Strengthening of Emergency Response Capabilities of the Differently Abled People in Kerala’



Organized by:

KERALA STATE DISASTER MANAGEMENT AUTHORITY

Implemented by:

INTER UNIVERSITY CENTRE FOR DISABILITY STUDIES



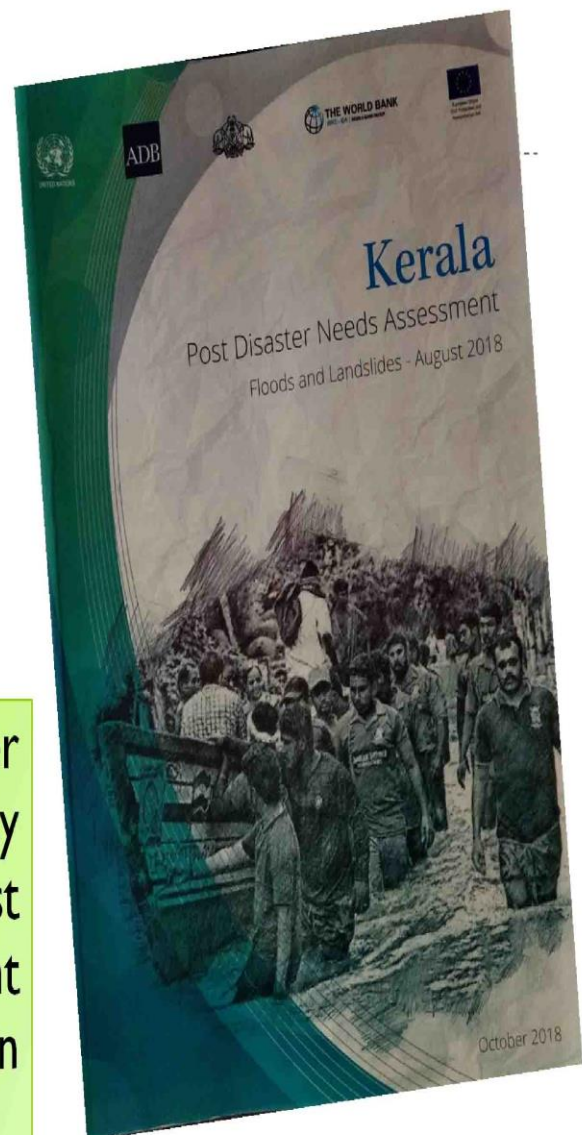
**CERTIFICATE**

This is to certify that Prof./Dr./Mr./Ms. .... Caregiver of ..... has actively participated in the Training Programme on ‘Strengthening of Emergency Response Capabilities of the Differently Abled People in Kerala’ on \_\_\_/\_\_\_/2018, Organized by Kerala State Disaster Management Authority (KSDMA) and Trained by Inter University Centre for Disability Studies (IUCDS), Mahatma Gandhi University, Kottayam

Member Secretary,  
KSDMA

Hon. Director  
IUCDS





United Nations appreciated Inter University Centre for Disability Studies (IUCDS) in their Post Disaster Need Assessment Report for our unique work in Inclusive DRR